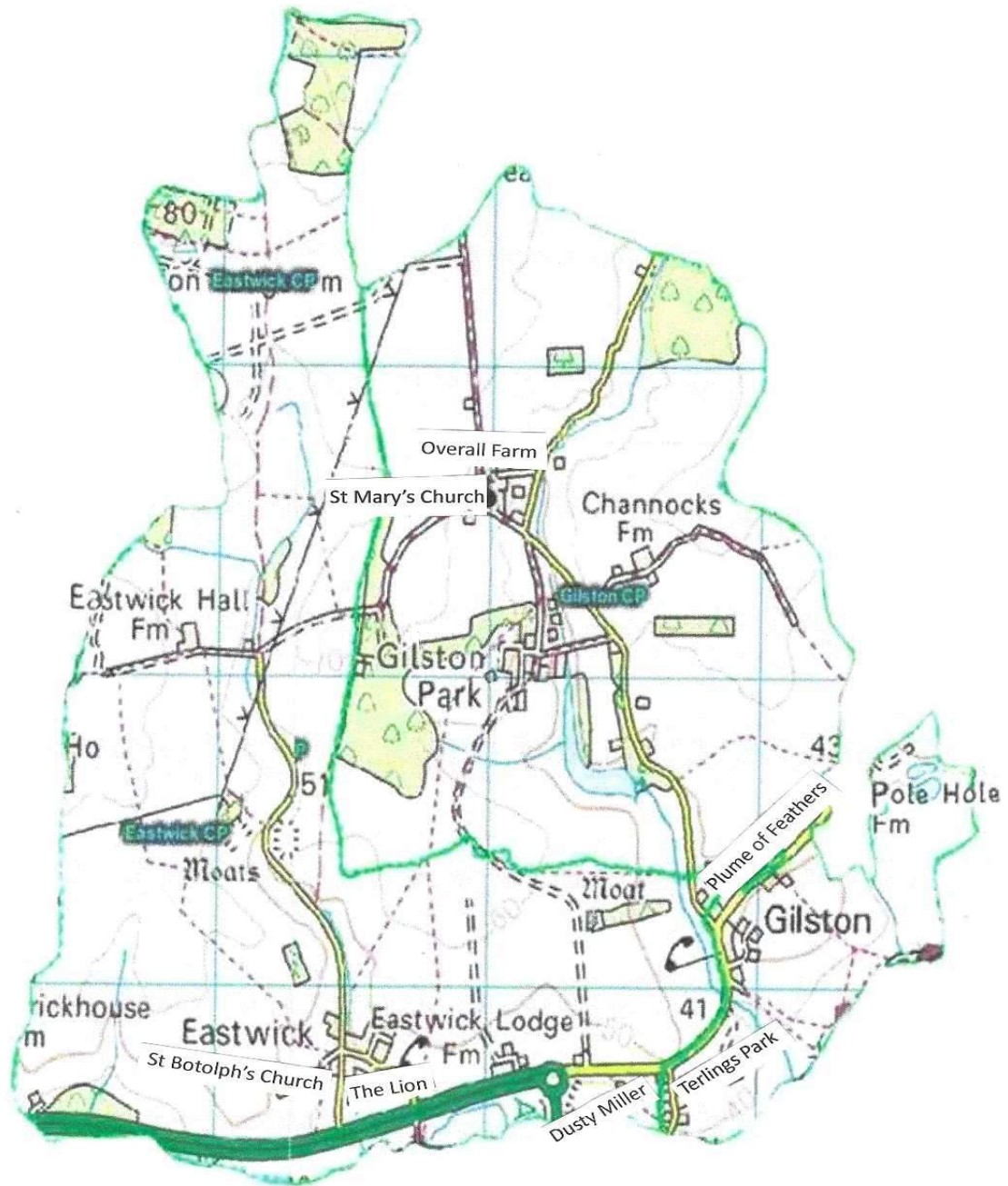


# EASTWICK AND GILSTON PARISH MAGAZINE



OCTOBER 2024

# GILSTON AND EASTWICK VILLAGE HALL MANAGEMENT COMMITTEE



See below a calendar of all clubs and classes that take place at our hall.  
For more information about booking the hall go to [www.eastwickgilston.org.uk](http://www.eastwickgilston.org.uk)

<b>MONDAY</b>	<b>Sculpt Fit with Sam</b>	Sam Tucker – <a href="mailto:samtucker76@gmail.com">samtucker76@gmail.com</a> (trampoline based exercise class)	9.15am – 10.15am
	<b>Parish Council</b>	Parish Clerk – Christine Law 01279 411646 Meet on the 2 <sup>nd</sup> Monday of January, March, May, July, September & November	8.00pm – 10.00pm
<b>TUESDAY</b>	<b>Zumba Gold</b>	Sarah-Jane – sarahjane_786@hotmail.com	10.30am – 11.30am
<b>WEDNESDAY</b>	<b>Mother &amp; Baby Group</b>	ONE YMCA Herts family Services Visit: <a href="http://www.hertsfamilycentre.org">www.hertsfamilycentre.org</a> Drop in mother and baby classes	10.00am – 11.00am Drop In
<b>THURSDAY</b>	<b>Irish Dancing</b>	Amanda Hennigan – 07713974077 For more information	6.30pm – 8.30pm
<b>FRIDAY</b>	<b>Chair Pilates</b>	Sarah-Jane – sarahjane_786@hotmail.com	10.30am – 11.30am
<b>SUNDAY</b>	<b>Harlow Church of God</b>	Contact: Church Minister: Pr Shijau Thankachen - 07957630450	Sunday School 9.15am – 10.00am Sunday Service 10.00am – 12.30pm

**Chair:** Janine Bryant

**Vice Chair:** Trevor Brown

**Treasurer:** Linda Harvey

**Bookings Officer:** Erin Reilly 07710271611

**Holding Trustee:** Keith Harvey & Mary Jackson

**Booking enquiries:** [gevillagehall@gmail.com](mailto:gevillagehall@gmail.com) For any bookings and queries about the Village Hall please contact: [gevillagehall@gmail.com](mailto:gevillagehall@gmail.com). Or go to [www.eastwickgilston.org.uk](http://www.eastwickgilston.org.uk), then village hall to use the calendar to view when the hall is available to book and use the booking form facility to book your event and to read the terms and conditions required.

## GILSTON AND EASTWICK VILLAGE HALL MANAGEMENT COMMITTEE

### BUSINESS MEETING

**MONDAY 14<sup>TH</sup> OCTOBER**

**7.00PM**

**VILLAGE HALL**

**ALL RESIDENT WELCOME**

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### USEFUL CONTACT DETAILS

**EASTWICK & GILSTON PARISH COMMUNITY WEB SITE:** [eastwickandgilston.org.uk](http://eastwickandgilston.org.uk)

**HUNSDON EASTWICK & GILSTON NEIGHBOURHOOD PLAN GROUP WEBSITE:** [hegnp.org.uk](http://hegnp.org.uk) -

For all regular updates and information from the group you can subscribe to the mailing list at this link:

<https://tinyletter.com/gilston>.

**EAST HERTS DISTRICT COUNCIL:** <https://www.eastherts.gov.uk>. Telephone 01279 655261

**HERTFORDSHIRE COUNTY COUNCIL:** <https://www.hertfordshire.gov.uk>. Telephone 030012234040

#### FLY TIPPING

Report all Fly Tipping to East Herts Council on 01279 655261 or [enquiries@eastherts.gov.uk](mailto:enquiries@eastherts.gov.uk), [eastherts.gov.uk/flytipping](http://eastherts.gov.uk/flytipping). In an emergency situation contact the Police on 999.

#### HIGH WYCH POST OFFICE

Located at the rear of High Wych Memorial Hall. Open **Mondays** 9.30am – 12.30pm .

**Wednesdays** 1.00pm – 3.15pm. **Thursdays** 9.30am – 12.30pm.

# KNOW YOUR COUNCILLORS

## EASTWICK AND GILSTON PARISH COUNCILLORS



**CHAIRMAN**  
MARK ORSON  
01279 453257  
[Mark.orson@outlook.com](mailto:Mark.orson@outlook.com)



**VICE CHAIR**  
JANINE BRYANT  
[piers.bryant@yahoo.co.uk](mailto:piers.bryant@yahoo.co.uk)



ROBERT WIGHTWICK  
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[marxwerner2@gmail.com](mailto:marxwerner2@gmail.com)



**PARISH CLERK**  
CHRISTINE LAW  
01279 411646  
[Christine.law2@btinternet.com](mailto:Christine.law2@btinternet.com)  
Write to: 9 Church Cottages  
Gilston, Herts CM20 2RH



JOHN DUNLOP  
**EAST HERTS DISTRICT  
COUNCILLOR**  
[john.dunlop@eastherts.gov.uk](mailto:john.dunlop@eastherts.gov.uk)



ERIC BUCKMASTER  
**07578 170303**  
**HERTFORDSHIRE COUNTY  
COUNCILLOR**  
[eric.buckmaster@hertfordshire.gov.uk](mailto:eric.buckmaster@hertfordshire.gov.uk)

### COUNCILLORS RESPONSIBILITES

- Cllr Orson – Neighbourhood Planning Group & Footpaths Officer  
Cllr Bryant – Neighbourhood Planning Group &  
Village Hall Management Committee  
Cllr Harvey – Highways  
Cllr Marx

# EASTWICK AND GILSTON PARISH COUNCIL

NEXT MEETING WILL BE ON

MONDAY 11<sup>TH</sup> NOVEMBER– 8.00PM

PARISH COUNCIL BUSINESS MEETING

VILLAGE HALL, PYE CORNER

All residents are most welcome to attend our council meetings.

CHRISTINE LAW - PARISH CLERK

01279 411646

[christine.law2@btinternet.com](mailto:christine.law2@btinternet.com)

**WE HAVE TWO VACANCIES TO BE FILLED FOR PARISH COUNCILLORS IF YOU MIGHT BE INTERESTED PLEASE CONTACT THE PARISH CLERK**

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## Updated Neighbourhood Planning Report

### Neighbourhood Development,

#### Section 106

- EHC gave a short briefing / overview of the Section 106 to the Eastwick & Gilston and Hunsdon Parish Councils and NPG members. The overview explained how the S106 is formatted into various Headings & Sections (following the layout of the Heads of Terms) but gave very little detail of actual content. Whilst this was disappointing, the session did provide an opportunity for a few questions of clarification.

The S106 is expected to be published late September, a short time before final signoff. Unfortunately, EHC are telling us, whilst there will be a short time to read the S106 document, this will not be a consultation prior to final signoff.

#### Strategic Landscape Master Planning

- PfP and TW held a Strategic Landscape Master Planning site visit & 4<sup>th</sup> workshop for members of the HEGNP group & Parish Councils 18<sup>th</sup> July. Followed by 2 drop-in sessions for the public 20<sup>th</sup> July.
- The site visit took us on a walk around parts of the Village 7 and Village 1 sites. In addition to members of the PCs & NPG the visit was attended by 4 Harlow residents.
- Prior to the evening workshop a Work in Progress (WiP) Strategic Landscape Masterplan Part B - Regulatory Plan & Design Code document was circulated and then talked through at the workshop, providing an opportunity to question and comment on it. In addition to members of the PCs & NPG the visit was attended by 1 Harlow resident.
- We were informed 300 Stakeholder organisations had been invited???

#### HGGT Joint Committee

This is a new committee consisting of senior leaders of East Herts, Epping Forest, Harlow, Hertfordshire County & Essex County Councils. The 1<sup>st</sup> meeting was held 22<sup>nd</sup> July 2024. The meeting is open to the public and is broadcast live and recorded ([hggt.co.uk](http://hggt.co.uk) website).

Next meeting **22<sup>nd</sup> October 2024**, 6:30pm

Council Chamber in the Civic Centre, The Water Gardens, College Square, Harlow CM20 1WG

#### What next?

Archaeological overview by PfP's consultants, 17<sup>th</sup> September, at Village 2 site

Community Forum 25<sup>th</sup> September 2024

Section 106 published, possibly late September

#### Useful email addresses and websites

For any queries, etc related to Villages 1 – 6 or the Strategic Landscape Master Plan email

- [gilston@meeting-place.uk](mailto:gilston@meeting-place.uk) This single email address will bring all streams (day-to-day estate management, pre-construction works, the masterplanning process and general Gilston enquiries) into one central email address so that they can assign the enquiry to the correct member of the team.

- <https://www.gilstonparkestate.com/> for PFP's vision, latest news, FAQs, etc.  
For updates on Village 7 see Taylor Wimpey's website <https://village7.co.uk/>

- Enquiries related to Village 7 email [info@village7.co.uk](mailto:info@village7.co.uk)

You can learn more about S106 agreements from the link supplied by EHC

- <https://www.eastherts.gov.uk/planning-and-building/section-106-agreements-and-funding-projects> )

Information on past and future forums can be found at

- <https://www.eastherts.gov.uk/planning-and-building/community-forums/gilston-area-community-forum>

If you email either PFP or TW we suggest you also send a copy to EHC at [Community.Forum@eastherts.gov.uk](mailto:Community.Forum@eastherts.gov.uk)

HEGNP update to E&G Parish Council Sept 2024  
Bryant

Janine

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**Public Right of Ways (PRoW) Update from Nicholas Maddex our Herts CC Access Projects Officer  
PRoW map available in St Mary's Gilston porch**

A There are several paths which do not currently follow on the ground the official lines on the Definitive Map, for various reasons.

- Eastwick Footpath 9 (Eastwick Memorial to Eastwick Hall Farm) legally follows a rather zigzag line across the arable fields, which I can only assume follows the course of former hedgerows or the like. While I have tacitly accepted the farmer's clearance of crops along a more direct route in recent years, now that the area is to be developed it is important that the legal line is demarcated on the ground and that walkers are encouraged to use this. Indeed, archaeological test pitting is to start here shortly and so this is fairly urgent. I have, therefore agreed that Knight Frank should arrange for the official route to be marked out on the ground with simple fences and to be avoided by the test pits where possible.

- When trees were planted adjacent to the south end of Eastwick Footpath 20 (entrance lane to Eastwick uphill towards GPH) by the farmers some years ago, the plantation extended across the path by a few metres, pushing the path westwards. Again, it was not a priority then to correct this, but it is now. Knight Frank will therefore be arranging for the trees to be cleared from the correct route and for this to be made usable. I will alter the metal signpost and wooden waymark post at either end of this section to reflect this correct route.

- The small footbridge in the middle of Eastwick footpath 25 (Gilston Lane to C161) is in an incorrect location – it should be a few metres north. This has led to the path used by walkers being slightly offline. Knight Frank will arrange for simple fences to be installed to mark out the correct line but allowing for a short diversion to allow walkers to cross the current footbridge until I am able to correct its location.

- Where trial trenching across Eastwick footpath 17 (GPH to old golf range) has resulted in the absence of a clear line of the path on the ground, Knight Frank will again install simple fencing to reinstate it.

B There are a number of locations where waymark posts will be replaced or corrected.

C PRoW widths

The local farmers have been reminded that PRoW widths need to be maintained throughout the growing season, and so it is necessary either to clear a greater width at the start to allow for crops collapsing on the path later, or to return multiple times if and when necessary to again reinstate this width.

D Vegetation encroachment onto PRoWs

Knight Frank will arrange for the trimming back of encroaching bushes on

- Eastwick restricted byway 27 (Channoeks to C161) and

- where Eastwick footpath 20 goes through the hedge (entrance to Eastwick uphill towards GPH, ie gap in the hedge between the fields),

- as well as anywhere else where this is required.

They have also agreed to clear the vegetation which has grown up across the permissive path connecting Eastwick footpath 7 at Eastwick Hall Farm to Eastwick footpath 8, making it difficult to use and to remove the derelict stile.

# Eastwick and Gilston Parish Council

## NOTICE OF CONCLUION OF AUDIT

**Annual Governance & Accountability Return for the year ended 31 March 2024  
Sections 20(2) and 25 of the Local Audit & Accountability Act 2014  
Section 16 of the Account & Audit Regulations 2015 (SI 2015/234)**

**The audit of accounts for Eastwick and Gilston Parish Council for the year ended 31 March 2024 has been completed and the accounts have been published.**

**The Annual Governance & Accountability Return including the auditor's certificate and opinion is available for inspection and copying by any local government elector of the area of Eastwick and Gilston Parish Council on application to:**

**Christine Law, Parish Clerk  
9 Church Cottages, Gilston, Nr Harlow, Herts CM20 2RH  
Monday to Friday between 9.00am – 4.00pm – please phone 01279 411646**

**Copies will be provided to any local government elector of the area on payment of £1.00 for each copy of the Annual Governance & Accountability Return.**

**Christine Law – Parish Clerk (Responsible Financial Officer)**

**Signed: C. A. Law (Mrs)**

**Dated: 5<sup>th</sup> September 2024**

*AGAR sections 1, 2, & 3 can be found on the web site – under- Parish Council – Document Archive – 2023-2024 Conclusion of Audit.*

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### **Help us improve parking in East Herts**

We want to improve parking to deliver fairer services and create a healthier, greener environment for our communities.

Throughout September, East Herts District Council will conduct in-person and online engagement sessions to gauge public opinion on proposed parking initiatives in the district.

Following an engagement period, a new parking strategy will be outlined in late 2024, with the strategy expected to be implemented in 2025.

To complete the survey click onto the link below.

<https://www.eastherts.gov.uk/highways-and-parking/details-our-car-parks/2024-parking-strategy>

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**Benefice of High Wych and Gilston with Eastwick**  
**Church website: [stjameshighwych.org.uk](http://stjameshighwych.org.uk)**  
**Facebook: Gilston & Eastwick church's**  
**For all recorded church services go to the Facebook page above.**

## OCTOBER SERVICES

6 <sup>th</sup> October	19 <sup>th</sup> Sunday after Trinity	8.00pm	BCP Holy Communion	St James, High Wych
		9.30am	For Breakfast and 10.00am Family Service	St James, High Wych
		3.30pm	De Merc Charity Concert	St James, High Wych
13 <sup>th</sup> October	20 <sup>th</sup> Sunday after Trinity	9.30am	Holy Communion	St James, High Wych
		11.15am	Holy Communion	St Mary's, Gilston
		2.30pm	DOG WALK	ST MARY'S, GILSTON
20 <sup>th</sup> October	21 <sup>st</sup> Sunday after Trinity	9.30am	Holy Communion	St James, High Wych
27 <sup>th</sup> October	Last Sunday after Trinity	9.30am	Holy Communion	St James, High Wych
		11.15am	Family Service	St Botolph's, Eastwick

The services in all our churches are all back in person, they are also livestreamed on the **Gilston & Eastwick Churches Facebook page**.

Benefice churches will be open for private prayer. St James, open every day 9.00am to 4.00pm. An information notice is displayed outside the church. St Mary's open every day 8.00am to 4.00pm and for advice on opening of St. Botolph's for private prayer, please contact Rev. Alison Jackson.

**PRIEST IN CHARGE: Rev'd Alison Jackson** **01279 790145**  
**revajacksonhwge@outlook.com** **07833 667707**  
**1 Dovedale, High Wych, Sawbridgeworth CM21 0DT**

**READER:** Judith Denton, Path Cottage, High Wych Lane, CM21 0JP 01279 723714

**SAFEGUARDING OFFICER:** Cath Sharples 01279 600996  
Diocesan Safeguarding Advisor (DSA) 01727 818107

### HIGH WYCH PARISH

**LAY LEADER OF WORSHIP:** Jan Bellingham 01279 724247

### CHURCH WARDENS:

Janet Bellingham 01279 724247  
Sam Clark 07717542524

### GILSTON WITH EASTWICK PARISH

### CHURCH WARDENS:

Michael Shaw 01279 726792

We have a vacancy for a Church Warden

### LAY LEADER OF WORSHIP / MISSION ENABLER:

Rosemary Davis 01279 419763

### PCC SECRETARY:

Mrs Christine Law 01279 411646

### PCC TREASURER:

Werner Marx

[marxwerner2@gmail.com](mailto:marxwerner2@gmail.com)



## October Letter

### God's Great Banquet – Heaven on earth – The Big Party - based on Luke 14

I was in school this week talking to the children about the great big party that we are all invited to, God's great big party in heaven. God's selfless generosity invites everyone to come to this party and I had a real sense as I stood on High Wych playing fields during the Scarecrow Festival, walked around the village and spent time in the church that what I was witnessing was a little bit of heaven on earth. I want you to imagine a time when we can all be together, all different ages, having fun, enjoying each other's company where there will be no more pain, no more tears, no more sadness, no more heart break, just deep and pure joy.

In the Lord's prayer we ask for; 'God's kingdom to come on earth as it is in heaven' and we, every now and then, are granted a glimpse of this. As I sat at the Scarecrow Festival in the Jimmy's tent with tired parents of small children and watched the joy that playdough, simple colouring and playing with duplo and other toys can bring, and looked at all the games that were provided for children and the new play ground, it filled me with joy that we had been able to bring this joy, not to mention the joy of scarecrows to look at, mini beasts and bugs to marvel at in the church and great music to listen to and friends to chat with. What a great weekend and my heartfelt thanks goes out to all that played a part in making this possible.

As with all things, we also look forward to what Sept/October still has to offer us as a Benefice, again all opportunities for us to come together as a community.

- 1 Jimmy's baby and toddler group 1<sup>st</sup> birthday party
- 2 Jim's café session at The Coffee Lounge in High Wych every Monday 4.00 – 5.00 pm for new Year 7 students (see flyer)
- 3 We will have our new Family Service at St Botolph's on 22<sup>nd</sup> September at 11.15 am (see flyer).
- 4 Our Harvest Service at St James will be at 9.30 on 29<sup>th</sup> September 2024. This year we will be supporting the Bishop's Harvest Appeal - ***Thrive: Nutrition and Sustainable Agriculture in Sri Lanka*** in partnership with The Leprosy Mission. The Appeal will support a project which helps families affected by leprosy to start their own vegetable gardens. The project brings people together for community meals to learn about nutrition and break down the stigma against people with leprosy. The money raised will provide plants, seeds, coconut trees and tools so that families can grow their own food and build a sustainable income and will also support community meals. All money raised at this service will be sent to the Bishop's Harvest Appeal.
- 5 After the service on the 29<sup>th</sup> September we are inviting you all to our post Scarecrow community feedback and thank you brunch at 10.45 am, where we hope you will join us for an opportunity to discuss the triumphs etc, of the Scarecrow Festival and afterwards for simple, wholesome food and drink to celebrate the harvest (see flyer).
- 6 Later that day we will also have our Harvest Service at St Mary's Gilston at 6.00 pm followed by a yummy evening supper in the church.
- 7 Our Family service at St James is on 6<sup>th</sup> October, starting with breakfast at 9.30 am (see flyer)
- 8 As we move into October we have a Community Dog Walk from St Mary's at 2.30 pm on 13<sup>th</sup> October 2024 (see flyer).
- 9 A churchyard tidy up at St Botolph's on Saturday 19<sup>th</sup> October at 2.00 pm (see flyer).
- 10 You may also want to 'save the date' for Sunday 3<sup>rd</sup> November as this will be our All Soul's service this year at St James at 4.00 pm.

These are all opportunities for us to come together as a community to bear witness to those ‘heaven on earth’ moments and to know that God has a plan for each one of us.

*‘For I know the plans I have for you,’ declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future” Jeremiah 29:1.*

My question I leave you with today is this:-

Are you going to accept the invitation to God’s Great Banquet? If you want to talk about this with me give me a ring and we will find time to chat together.

Every blessing

Your Priest

Alison

[Online prayer sessions - Tuesday mornings at 9.30 am – link below](https://us02web.zoom.us/j/84557900182?pwd=MDhIR2ZBSFc4RXdxWW4zL3FJRkx0dz09)

<https://us02web.zoom.us/j/84557900182?pwd=MDhIR2ZBSFc4RXdxWW4zL3FJRkx0dz09>

Meeting ID: 845 5790 0182 Passcode: 640464

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Nature Notes by the late Cynthia Howe, long-time nature lover and resident of Gilston

Monday 1 October 2007

Ladybirds

Ladybirds are probably the only beetle most people will happily handle. Worldwide there are 3000 species, but only 44 recorded in Britain. This weekend I have been delighted to see swarms of ladybirds in the garden. The walls of the bungalow were decorated with hundreds of these tiny beetles, which I have been recording. So far I have found 22 varieties. Since there is such diversity I suspect they interbreed very successfully. When attacked they exude a foul tasting fluid, which puts birds off.

Many years ago they were used as folk remedies for colic, toothache and measles. Also there is that well-known ladybird nursery rhyme.

They are a valuable asset to our gardens due to their voracious appetite for many garden pests: aphids, scale insects, mealy bugs, mites and thunder-bugs. They have also been known to feed on each other.

I fear many ladybirds are killed at their larval stage simply because people don’t recognise them, which is a great pity.

The variety in these little creatures is astounding, ranging from no spots to more than twenty, although black on red is the most common, there are also: black on yellow, black on orange, black on brown, even two-tone brown, red on black, and would you believe even black with red spots with a black spot on each of the red spots.

Now I am hopeful that as the weather cools I shall find a large cluster of these delightful beetles sheltering somewhere in the garden, probably in the woodpile, and I will look forward to the good work they will do for me next spring and summer.

Thursday 1 October 2009  
Misty Mornings and Birds

From my kitchen window I can see a cotoneaster its boughs heavily laden with berries, shinningly colourful, and brightly glistening in the rain, good autumn food for birds. Across the lawn a robin and a blue tit vie for the last apple hanging from the tree, and a malus is filled with a flock of pigeons, whereas other years it has been the territory of blackbirds, thrushes, redwing and fieldfare, sadly this year we haven't seen even one redwing or fieldfare.

Hanging from a lower bough is an overwintering insect box, I hung it with a happy smile in the summer, thinking of how it would provide protection for hibernating insects. Interestingly it has proved very successful as a feeding station, especially for the great tits who are delighted with the easy pickings it provides.

Misty mornings now, and drifts of mist hang low over the fields that border the river, the tiny misty droplets highlighting and jewel bedecking the myriad cobwebs, draped over or hanging from bushes and plants. Watch out for an influx of spiders indoors, sheltering from the coming cold winter. Now is a good time to go fungi foraging, there are many and varied types to be found, all shapes and sizes, I once found a navy blue one growing under a yew tree.

Today through the lounge window I watched a heron take off, flying low over the lawn and upward through the branches of our trees. I have very mixed feelings about herons because they empty the pond, but I do love to watch them and I am always awestruck when I see them in flight. Today he didn't fly very far, just across the paddock and into the field where he spent the afternoon silently stalking by the river's edge.

Later on I saw a tiny restless goldcrest who spent several minutes flying repeatedly between a bird bath and a conifer. At just 3.5 inches long the goldcrest is Britain's smallest bird and is a joy to see with its vivid bright yellow streak along the top of its head.

Now is a good time to clear out and clean nesting boxes and before replacing them put in a handful of dried leaves to help out overwintering creatures.

Thursday 1 October 2009  
Walk Along Brimming Canal

We have had a very wet several days and the fields at the back of the garden are flooded again. So we knew the river would be high, making the sights and sounds of our usual walk a little different.

Weirs usually dry are now overflowing with rushing, crashing, foamy water. One weir ran through a concrete tunnel connecting it to the river. We stood above the tunnel in awe of the roar of the water underneath the bridge, and the spray that shot high into the air.

During the course of our walk we saw only one fresh mole hill. I imagined the little creature with his warm furry coat poking his head out and quickly drawing back as the wind hit his little snout.

We met a red-faced fisherman sitting huddled on the bank. He told us he had caught but one small roach. On our return, later, he had caught another half a dozen including a 15" bream. He didn't like killing them, so he'd thrown all of them back in.

The wind was strong and cold; it made one's eyes water. The sun shone out highlighting the foliage with its golds, oranges, reds and browns – a truly beautiful autumn day. We were well wrapped up and determined to enjoy our walk, but no matter how quickly we moved to stay warm, our ears became cold as did our arms and gloved hands.

We were amused by the sight of swans swimming along with ducks and Canada geese on flooded fields that a day earlier had been lush green meadows.

We came to a weir that was usually dry and were enchanted by a magic carpet of leaves of all shapes, sizes and colours drawn toward the weir. We watched spellbound, then placed bets on which clump of leaves would first escape the current of the weir and float off downstream.

Thursday 1 October 2009  
A Noise in the Night

The beech woods I wrote about last month are the setting for this piece, also the tale I am about to recount is absolutely true.

In the middle of a dark and moonless night my grandson was roused from sleep by the frightened and frightening cries of a creature, he was tired after a long day and had work to go to in a few hours so he tucked down and tried to ignore the sound. After several unsuccessful attempts he decided to investigate, leaving his bed he pulled on jeans and tee shirt picked up his mobile and set off. The calls were already becoming more urgent, and the woods were very dark and not the friendly place he usually frequented. He followed the direction of the sound and could hear the fear in it, he found this very unsettling and at one point was fearful as to what he was going to find. The unfamiliarity of going through the woods at night coupled with the distressed and distressing calls had quite unnerved him especially as he had no self protection should he need it, briefly he faltered but the calls were so near now he went on. He even wondered if it was a young child and knew then he couldn't stop. It was not only dark he was cold and the tree roots tripped him often, eventually he climbed up from a steep drop and as he reached the brow he heard a different sound, switching on his mobile phone he had enough light to see facing him and close enough to touch at his eye level a fully grown badger instinctively he stood tall, held his arms out and shouted. The badger stepped back a few paces and then stood its ground off to one side he could still hear the desperate cries of a creature in trouble, carefully he sidestepped away from the adult badger and made his way to the sound, it was coming from a lidless culvert. Using the light on his phone he looked down and found a young badger cub up to its neck in mud and at a good arms stretch, he was very slimy and smelly and almost impossible to grasp. After several attempts Ric managed to hold him by the neck and draw him upward, where he could use the other hand to support the youngster. When finally out, the cub rubbed himself on the ground, then made his way to his mother who had been waiting close by, obviously pleased to see her cub she nuzzled him before setting off through the woods with him.

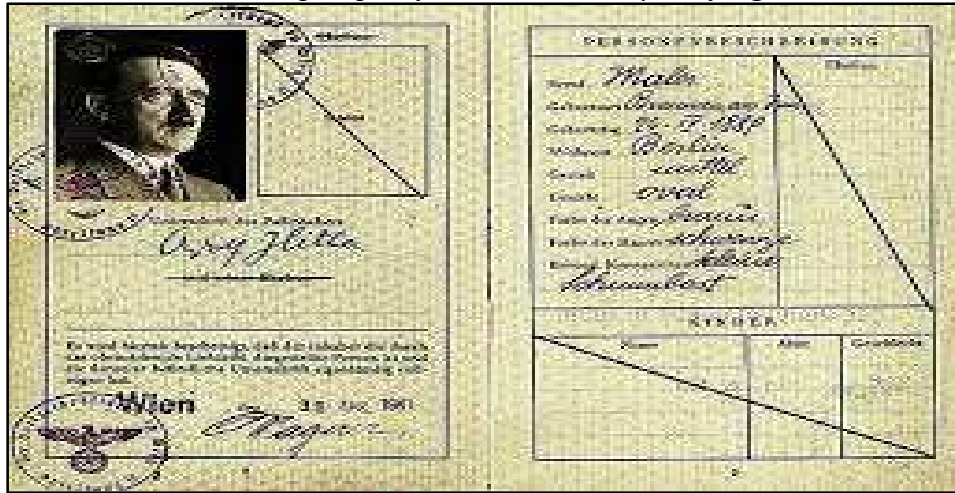
Ric said he felt very privileged to have rescued the little chap he also said he was astonished at how heavy the cub was, how solid he felt and how coarse was his fur, he was also surprised at how the adult had waited so patiently while her cub was rescued displaying no fear or aggression. Did the adult realise she needed help which Ric could give her? Is this why she waited and watched so patiently?

Ric went back the next day and covered the hole to avoid any future mishaps.

## BRIGGENS ESTATE IN WW2

The late Pauline Preston, a secretary at Briggens, recalled: “We heard that a German officer had boarded and requested the documents for the usual signing. He noticed the previous signatory was a friend of his — he actually recognised his signature!” In one illustration of their skill, the Briggens team even mocked up a passport for Hitler, jokingly listing his occupation as “painter” and recording his “little moustache” as a distinguishing feature

*The mock passport for Hitler made by the forger.*



It was stamped twice, once with a red “J” used on Nazi-era German passports to indicate Jews, and once with a Government of Palestine stamp declaring him an immigrant. Mr Turner said: “It shows they could do anything. I think they had a great sense of humour — the British have always been pretty good at that.”

For all the jokes, however, the Briggens team were deadly serious about the job — many took their war-time secrets to the grave, hiding them from even their own families. Jerzy Maciejewski, one of the original Polish forgers, only revealed the truth to his loved ones shortly before his death in 2004, having already disposed of a number of historically valuable documents.

Another forger, Dennis Collins, left just this clue: he’d kept a 1949 newspaper report detailing the existence of SOE, with passages highlighted to show the work he did. One highlighted passage describes the

forged documents SOE created for Violette Szabo, the agent immortalised in the film *Carve Her Name With Pride*.



Violette, pictured left in 1944, was ultimately captured, interrogated, tortured and despatched to the notorious concentration camp at Ravensbruck where she was executed in February 1945.

Another agent who used Briggens documents was Edward Yeo-Thomas, “The White Rabbit”, whose George Cross citation notes that he “narrowly escaped arrest” six times before he was betrayed in Paris during his third mission. He spent some months in Buchenwald concentration camp before escaping and leading 10 French prisoners of war through German patrols to the American lines in April 1945.



*French document forged for Wing Commander Edward Yeo-Thomas, known as “The White Rabbit”. Here he is called Francois Yves Tirelli  
(Image: Pen News/Des Turner)*

The forgers also counterfeited currency, including Polish zloty, which was used to aid resistance fighters. A total of 43million zloty flowed into occupied Poland in 1944 alone. It’s particularly ironic that this was happening at Briggens — home of the 4th Baron Aldenham, a respected man of the city who was chairman of Westminster Bank. Briggens also doubled as a training base for the Polish resistance, receiving the cream of the crop from a preliminary training facility in Inverlochy, Scotland and preparing them to lead guerrilla fighters behind enemy lines. It didn’t always go to plan, however – a practice assignment to blow up part of a disused railway track wrongly targeted the London to Cambridge mainline instead, delaying trains for 12 hours



*Polish resistance fighters undergoing training at Briggens in Roydon  
(Image: Pen News/Des Turner)*

And practical jokes had to be banned completely after someone used their newly acquired explosives training to rig up a toilet, costing a comrade their hand.

The complete history of the facility is recorded in historian Des Turner's book — the product of 11 years of research. Mr Turner said: “The agents couldn’t have survived without the correct papers. They couldn’t have done it. They took on false identities and needed all the papers to back it up, and they had to be reliable because otherwise it wouldn’t have worked. And if you haven’t got the agents out there you’re not getting the intelligence. They were good at dirty tricks and deception. I mean, we fooled Hitler so many times. He made so many mistakes because of our misinformation that it won the war. If we hadn’t done that, we’d have lost it.”

*Text and Photos: Hertfordshire Mercury – Michael Havis/Pen News – 27<sup>th</sup> February 2018*



**THE HUNDRED PARISHES SOCIETY**

[www.hundredparishes.org.uk](http://www.hundredparishes.org.uk)

Many of the walks on our website provide opportunities to pause and enjoy a panoramic view from a vantage point. The layout of roads, settlements, woods and fields is a visual record of many centuries of human activity.

Checking with an Ordnance Survey map, it is possible to pinpoint significant landmarks and features such as hedged field boundaries. From the 16th century, assorted records of land ownership have survived, but the most complete set of records was gathered by surveyors for the mid-19th century Tithe Awards, a forerunner of today’s rating assessments for council tax and business rates.

Prepared between 1837 and the 1850’s, these documents were the result of painstaking work by surveyors whose task was to map and list the details of land ownership, occupiers, size of plot and land use. Buildings, gardens and names of fields were recorded. Subsequent research by local historians has revealed that some field names can be traced back centuries, an indication of the close association of communities with the land that provided their food and opportunities for employment.

Field names are varied, some give just the size in acres while others mention specific persons such as Old Harry's Field. Some are more descriptive such as Hop Ground, Twelve Acre Pasture, Thistley Field, The Rookery, Mill Hill Field, Further Pasture, Ozier Ground and Crab Tree Field.

Comparing these old parish maps with recent maps highlights the significant loss of hedgerows with the creation of much larger fields to allow agricultural machines to work the land.

For anyone interested in local history, the details within these tithe awards may be a useful resource – they are held by the Public Record Office for 80% of the Hundred Parishes’ parishes. For further information please see <https://www.nationalarchives.gov.uk/help-with-your-research/research-guides/tithes/>

Tricia Moxey, Trustee



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Newsletter from your Patients' Group – October 2024  
Email: [patientgroup4sawbosurgery@gmail.com](mailto:patientgroup4sawbosurgery@gmail.com)

**If you are unable to see this Newsletter, or the attachments within it, clearly on your phone or tablet, you can also find it on the Surgery's website at:**

<https://www.centralsurgerysawbo.nhs.uk/patients-group-newsletter-january-20201/>

**Pharmacy First:** The new Pharmacy First service, launched 31 January 2024, adds to the existing consultation service and enables community pharmacies to complete episodes of care for 7 common conditions following defined clinical pathways. The consultation service enables patients to contact their community pharmacy directly for a minor illness or an urgent repeat medicine supply.

- Click the attachment below for a full list of criteria:
- [Pharmacy First Criteria Download](#)

**Before you make a GP Appointment:** There are many ways to seek advice from a Healthcare Professional – please select the most appropriate option:

**Care Navigation** is designed to connect patients directly to the most appropriate service for help or advice.

Before calling the surgery for an appointment, check the criteria below as you may be eligible to speak directly to one of these services:

**MECS (Minor Eye Condition Service):** The team provides assessment and treatment for people with recently occurring minor eye problems. It is an NHS service provided by accredited optometrists (also commonly called opticians). The service is for people of all ages. Children under 16 years must be accompanied at their appointment by an adult. You do not need a GP referral to use this service.

[MECS Criteria Download](#)

**Physiotherapy:** The team offers physiotherapy assessment, advice, education, treatment, supervised 1:1 exercises, group exercise classes and self-management strategies for musculoskeletal (MSK) problems.

These include neck, back, knee and shoulder conditions, as well as other muscle or joint problems such as strains and arthritis.

To self refer for Physiotherapy, visit this link: [Musculoskeletal Physiotherapy \(MSK\): Herts and Essex Community Hospital | Self-Referral Link](#)

**Minor Injuries Unit:** This is a 'walk-in' service that can be used by both adults and children over two years old. You do not have to be registered with a GP to receive treatment.

**NHS 111:** NHS 111 is available 24 hours a day, 7 days a week, to make it easier and quicker for patients to get the right advice or treatment they need, be that for their physical or mental health.

Go online to [111.nhs.uk](http://111.nhs.uk) (for assessment of people aged 5 and over only) or call 111 for free from a land-line or mobile phone.

**Mental Wellbeing:** There are a number of resources available to support patients with their mental health. Click the attachment below for contact details and self-referral links to wellbeing services:

[Mental Wellbeing Contacts Download](#)

**If you do feel suicidal or feel you're in a crisis, please call 03007770707.**

**Let's Move It:** During the summer Radio 2 encouraged the nation to get moving!

We all know the benefits of fitness and exercise to our physical and mental health, but sometimes getting started is the hardest part. This is where Radio 2 stepped in to lend a hand, against a backdrop of a massive summer of sport - including the Olympics and Paralympics, the Men's Euros, Wimbledon, and much more.

**Let's Move It** was all about encouraging you to incorporate more movement into your day to day lives, whatever your ability or fitness level. The NHS says that adults should do some type of physical activity every day. There are multiple benefits to our physical and mental health.

Just because we are going into the Autumn doesn't mean that we should ease off. In fact, it is probably even more important to keep fit during the winter months. Simple things such as using the stairs rather than a lift; walking to the shops rather than driving; gardening; put some music on and dance around the kitchen; join an Art/Photography/Table Tennis group (all readily available in Sawbridgeworth); organised exercise such as Zumba, Yoga, Pilates, Couch to 5K (running); walking football... You may find some other ideas and playlists here: <https://www.bbc.co.uk/sounds/search?q=lets+move+it+activities>

You should speak to your GP first if you have not exercised for some time, or if you have medical conditions or concerns. Make sure your activity and its intensity are appropriate for your fitness.

**Spot the Signs:** is a suicide prevention campaign, helping to remove the stigma of talking openly about suicide. The organisation provides training courses and signpost to mental health services available in Hertfordshire.

Their ambition of zero suicides in Hertfordshire is consistent with the national suicide prevention strategy for England. They also aim to improve support for those bereaved or affected by suicide. The aim is to:

- Increase public awareness of depression and suicide and remove the stigma linked with suicide
- Provide suicide prevention training to GPs, healthcare providers and the voluntary sector in Hertfordshire
- Work with companies to create safer workplaces
- Signpost to mental health services available in Hertfordshire
- 

**Let's all work together to prevent suicide**

Their vision is to make Hertfordshire a county where no one ever gets to a point where they feel suicide is the only option.

Take the **Positive Action Pledge** by checking out this website: [Sign the Pledge \(hpft.nhs.uk\)](http://hpft.nhs.uk)

**Let's all help to prevent suicide**

**Stay Alive App**

The Stay Alive App, developed by Grass Roots is now available in Hertfordshire. It has tools to help keep people safe in times of crisis and details of the emergency or support services to contact in Hertfordshire. You can use it if you are experiencing difficulties with your mental health or having thoughts of suicide, or if you are concerned about someone else who may be considering suicide.

**End of Life Care – What to expect.** Members of your Patients' Group at Central Surgery have spent much of the past year preparing a very useful booklet entitled **End of Life Care – What to expect.**

It covers topics such as:

Advanced Care Planning  
Palliative Care  
Support Agencies  
Hospices  
Caring Services  
as well as Practical Advice

It is not only for those needing End of Life Care now but for everyone who may, at some time, need Hospice Care; Macmillan/Marie Curie Nurses; Palliative Care; Care Planning etc.

It is available now on the front page of the Central Surgery website. (See below) There will also be hard copies in the Surgery later on.

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•



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Is it a police issue or is another service better suited?

**2. CHECK ONLINE?**  
Is the information already on our website? Check online: [www.herts.police.uk](http://www.herts.police.uk)

**3. REPORT ONLINE?**  
Has a crime already happened and you want to report it? Report online: [www.herts.police.uk](http://www.herts.police.uk)

**4. LIVE CHAT/CALL 101**  
Do you want to share some information with us or speak to someone specific? Use live chat, otherwise call 101.

**5. CALL 999**  
Is it an emergency? Is a crime happening right now, or is a life or property at risk? Call 999.

**HELP US TO HELP YOU**  
SCAN THIS CODE TO GET ONLINE QUICKLY

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*Never leave bags of dog poo around, even if you intend to pick them up later.*

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Run by the churches of High Wych & Gilston with Eastwick  
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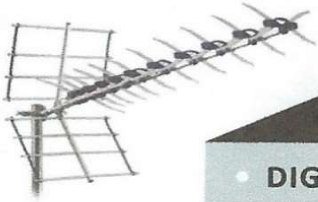


**Are you struggling with your energy bills?**

If you live in Sawbridgeworth, High Wych, Gilston, Eastwick or Spellbrook and your financial situation meets the criteria, you may be eligible for assistance from **The Sawbridgeworth Charitable Trust**.

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**The Lion Public House, Eastwick – CM20 2QP**

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**St Mary's Church, Gilston Lane, Gilston – CM20 2RJ**

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**Terlings Park, Kirkpatrick Place – CM20 2FX**

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# THE HISTORY OF TERLINGS PARK

KIRSTY ELLIOTT

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