

EASTWICK AND GILSTON PARISH MAGAZINE



Race Night

In aid of

***Eastwick & Gilston Village
Hall**

****Friday 2nd May 2025****

****Doors Open 19.00 – Kitchen Closes 21.30
races 20.00–22.00**

Village Hall

Pye Corner, Gilston

GU20 2BB

Adults £6 Children free

Please book your seats via
jamesjones3@btinternet.com before the night

Please pay at the door

Racing Equipment Supplied by Simon Chapman
072896 0800110

<http://www.goraceights.co.uk/>

Eastwick & Gilston Village Hall is a registered charity (number: 302368)

APRIL 2025

GILSTON AND EASTWICK VILLAGE HALL MANAGEMENT COMMITTEE



See below a calendar of all clubs and classes that take place at our hall.
For more information about booking the hall go to www.eastwickgilston.org.uk

MONDAY			
	Parish Council	Parish Clerk – Christine Law 01279 411646 Meet on the 2 nd Monday of January, March, May, July, September & November	8.00pm – 10.00pm
TUESDAY	Zumba Gold	Sarah-Jane – sarahjane_786@hotmail.com	10.30am – 11.30am
WEDNESDAY		Hall Cleaning	1.00pm – 3.00pm
THURSDAY	Baby Massage	Elena Luck	9.30am – 2.30pm
	Irish Dancing	Amanda Hennigan – 07713974077 For More Information	6.30pm – 8.30pm
FRIDAY	Chair Pilates	Sarah-Jane – sarahjane_786@hotmail.com	10.30am -11.30am
SATURDAY			
SUNDAY			

Chair: Janine Bryant

Vice Chair: Trevor Brown

Treasurer: Linda Harvey

Bookings Officer: Erin Reilly 07710271611

Holding Trustee: Keith Harvey & Mary Jackson

Booking enquiries: gevillagehall@gmail.com For any bookings and queries about the Village Hall please contact: gevillagehall@gmail.com. Or go to www.eastwickgilston.org.uk, then village hall to use the calendar to view when the hall is available to book and use the booking form facility to book your event and to read the terms and conditions required.

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USEFUL CONTACT DETAILS

EASTWICK & GILSTON PARISH COMMUNITY WEB SITE: eastwickandgilston.org.uk

<https://Gilston.Inf>

HUNSDON EASTWICK & GILSTON NEIGHBOURHOOD PLAN GROUP WEBSITE: hegnp.org.uk - For all regular updates and information from the group you can subscribe to the mailing list at this link: <https://tinyletter.com/gilston>.

EAST HERTS DISTRICT COUNCIL: <https://www.eastherts.gov.uk>. Telephone 01279 655261

HERTFORDSHIRE COUNTY COUNCIL: <https://www.hertfordshire.gov.uk>. Telephone 030012234040

FLY TIPPING

Report all Fly Tipping to East Herts Council on 01279 655261 or enquiries@eastherts.gov.uk, eastherts.gov.uk/flytipping. In an emergency situation contact the Police on 999.

HIGH WYCH POST OFFICE

Located at the rear of High Wych Memorial Hall. Open **Mondays** 9.30am – 12.30pm .
Wednesdays 1.00pm – 3.15pm. **Thursdays** 9.30am – 12.30pm.

KNOW YOUR COUNCILLORS

EASTWICK AND GILSTON PARISH COUNCILLORS



CHAIRMAN
MARK ORSON
01279 453257
Mark.orson@outlook.com
Neighbourhood Planning Group
Footpaths Officer



VICE CHAIR
JANINE BRYANT
piers.bryant@yahoo.co.uk
Neighbourhood Planning Group



LINDA HARVEY
01279 410435
lindamaryharvey@icloud.com
Village Hall Committee
Highways



WERNER MARX
marxwerner2@gmail.com



JAMES BEAZLEY
jdbeazley@aol.com



PARISH CLERK
CHRISTINE LAW
01279 411646
Christine.law2@btinternet.com
Write to: 9 Church Cottages,
Gilston, Herts CM20 2RH



JOHN DUNLOP
EAST HERTS DISTRICT
COUNCILLOR
john.dunlop@eastherts.gov.uk



ERIC BUCKMASTER
07578 170303
HERTFORDSHIRE COUNTY
COUNCILLOR
eric.buckmaster@hertfordshire.gov.uk

EASTWICK AND GILSTON PARISH COUNCIL

THIS IS THE ANNUAL MEETING OF THE COUNCIL

FOLLOWED BY THE PARISH COUNCIL BUSINESS MEETING

**NEXT MEETING WILL BE ON
MONDAY 12TH MAY 2025– 8.00PM**

VILLAGE HALL, PYE CORNER

All residents are most welcome to attend our council meetings.

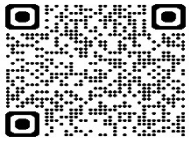
**CHRISTINE LAW - PARISH CLERK
01279 411646 christine.law2@btinternet.com**

**WE HAVE TWO VACANCIES TO BE FILLED FOR PARISH COUNCILLORS IF YOU MIGHT
BE INTERESTED PLEASE CONTACT THE PARISH CLERK OR ONE OF OUR PARISH
COUNCILLORS**

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2023 Aerial Photographs

In 2023 Aerial Photographs were taken of our lovely parish. These photographs can be viewed in the Photo Gallery on the website.



You can access the Photo Gallery by going to <http://www.eastwickandgilston.org.uk/gallery.php?id=24> or by scanning the QR code below.

In the Photo Gallery you will see that there are different galleries for different areas of the parish.

We are working on a way to enable people to easily download the photographs for personal use and will hopefully have more information to share on this soon.

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FAULTY ROAD SURFACE?



To help us keep Hertfordshire's roads up to scratch we need YOU to let us know when things are not right! So whether it's a pothole, pavement problem, faulty streetlight, icy road or any other highway fault, go to: www.hertfordshire.gov.uk/highwayfault or call: 01432 261800 or General Enquiries 0300 123 4040 – Hertfordshire Highways Fault line.

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The Hunsdon, Eastwick and Gilston Neighbourhood Plan Group (HEGNPG)

Jointly represents Hunsdon and Eastwick & Gilston Parish Councils

Is a voice for residents, holding developers accountable for promises to deliver a sustainable, high-quality development

Aims to oversee and shape the Gilston Area development to ensure it aligns with community hopes, values and future needs

Seeks to coordinate engagement between the developers and local authorities, especially East Herts Council

Is involved in reviewing planning applications for the proposed villages

Advocates for high standards in urban design, proper and timely infrastructure, environmental responsibility and community focused planning

Continues to press for better interface with the existing communities, sustainable transport solutions, and “village master planning” principles

Actively monitors the agreements related to infrastructure, affordable housing, and the long-term governance of community assets

hegnp.org.uk

Benefice of High Wych and Gilston with Eastwick

Church website: stjameshighwych.org.uk

Facebook: Gilston & Eastwick church's

For all recorded church services go to the Facebook page above.

APRIL SERVICES 2025

6 th April	5 th Sunday of Lent	8.00am	BC Holy Communion	St James, High Wych
		9.30am	Breakfast with 10.00am Family Service	St James, High Wych
		11.00am	Community event for High Wych Postie Ian	St James, High Wych
13 th April		9.30am	Holy Communion	St James, High Wych
		11.15am	Holy Communion	St Mary's, Gilston
17 th April	Maunday Thursday	7.30pm	Maunday Thursday Service	St James, High Wych
18 th April	GOOD FRIDAY	2.00pm- 3.00pm	Last Hours	St Botolph's, Eastwick
20 th April	EASTER DAY 	9.30am	Family Service with Communion	St James, High Wych
		7.00pm	Easter Vigil – Firepit, Food & Fizz	St Mary's, Gilston
25 th April		2.30pm	Rivers Service	Rivers
27 th April	2 nd Sunday of Easter	9.30am	Holy Communion	St James, High Wych
		11.15am	Holy Communion Baptism of Bertie Buckmaster	St Botolph's, Eastwick St James, High Wych

Benefice churches will be open for private prayer. St James, open every day 9.00am to 4.00pm. An information notice is displayed outside the church. St Mary's open every day 8.00am to 4.00pm and for advice on opening of St. Botolph's for private prayer, please contact Rev. Alison Jackson.

PRIEST IN CHARGE: Rev'd Alison Jackson

revajacksonhwge@outlook.com

1 Dovedale, High Wych, Sawbridgeworth CM21 0DT

READER: Judith Denton, Path Cottage, High Wych Lane, CM21 0JP

SAFEGUARDING OFFICER: Cath Sharples

Diocesan Safeguarding Advisor (DSA)

01279 790145

07833 667707

01279 723714

01279 600996

01727 818107

HIGH WYCH PARISH

LAY LEADER OF WORSHIP: Jan Bellingham

CHURCH WARDENS:

Janet Bellingham

Sam Clark

01279 724247

01279 724247

07717542524

GILSTON WITH EASTWICK PARISH

CHURCH WARDENS:

Michael Shaw

We have a vacancy for a Church Warden

LAY LEADER OF WORSHIP / MISSION ENABLER:

Rosemary Davis

PCC SECRETARY:

Mrs Christine Law

PCC TREASURER:

Werner Marx

01279 726792

01279 419763

01279 411646

marxwerner2@gmail.com



APRIL Letter

Question: What can I offer you?

Answer: Hope

I wonder how you are feeling as you read this today?

Your local church is here to offer you Hope and a Future.

As a church we are heading towards Easter – walking through Lent, hoping that our Lent Challenge for 2025 will fill people with hope as they see how generous the people of our villages can be. Anyone can get involved (See Lent Challenge 2025 flyer pg?)

As you now see this magazine is filled with flyers for Community Dog Walks – opportunities to come together and have some fun and walk dogs – although dogs not necessary – this month taking place in Terlings Park, Gilston – last month we were in Allens Green.

Wednesday Welcome - a monthly chance for the over 55's to come together and have fun.

Messy Church every month – all geared to families where we can do craft together and eat together and discover more about Jesus in a fun and interactive way.

Family services at St James and at St Botolph's every month – again food and fun and being together and learning together about Jesus.

Jimmy's Baby and Toddler Group, every week – creating opportunities for families with babies and toddlers to come together in a warm, relaxing environment with lots of sensory play, creative play and great toys not to mention drinks, snacks and singing.

Jim's café, every week – for those Yr 7's as they navigate that first year of secondary school and meet up with old friends from High Wych school and bring along new ones they have met in secondary school.

Not to mention our Easter services flyer – hopefully meeting your needs for either quiet reflection, outdoor adventure with a firepit, Messy play, and having a meaningful Family service with communion.

Your local church is here for you. Offering you hope, a place to belong where you will meet people who are interested in getting to know you better. Andif you are not feeling very hopeful at the moment, offering you the opportunity to change that.

The Bible says:-

Do not fear, for I have redeemed you,

I have called you by name, you are mine.

When you pass through the waters, I will be with you;

And through the rivers, they shall not overwhelm you;

When you walk through fire you shall not be burned,

And the flame shall not consume you.

For I am the Lord your God. **Isaiah 43:v1,2,3.**

I am your Priest, whether you live in High Wych, Gilston or Eastwick. I have the 'cure of souls' for everyone in these villages whether you come to church or don't know Jesus yet. If you would like to meet me – just give me a ring.

Every blessing

Your Priest

Alison



Tuesday, 20 April 2010

Flora and Fauna of the M4

Off to Reading. The verges are more yellow than green, there are so many dandelions in flower. Dark red ornamental fruit trees have joined the white and pink ones already blooming, while more of the bare trees are covered with fresh green new leaves.

Here and there pretty pink and white apple blossom shows on trees, which have obviously sprung from apple cores tossed out of car windows.

Yellow mahonias have joined the yellow gorse.

On the A414, between Hertford and Welwyn, in a field on the right-hand side, just before the Welwyn sign post, there is an amazing row of dead oak trees standing starkly bare, aged and awe-inspiring. How did they all die at once? I would love to photograph them – they are so interesting and visually compelling.

In places, daisies replace or merge with dandelions.

Sometimes, miles from the long stretches and deliberately planted clumps of narcissi, stands a solitary one.

Verges are also prettied with bright tulips standing as tall and straight as soldiers on parade, proudly showing off their blooms.

I kept my eyes shut for miles, listening to Coldplay and the sound of the engine. When I opened them again we were on the M25, and it was to see the desecration caused by the felling for mile upon mile of the young saplings and brush. These same saplings that had been carefully planted and nurtured some years ago, now lay in piles, either as wood chips or as waiting to be chipped. I wonder how long it will be before yet more money is spent on replanting. I do not understand why this has happened.

Here and there are drifts and clumps of wildflowers: primroses, the aforementioned dandelions, daisies and cowslips (peggles). There is also a beautiful drift of blue – not deep enough, and too bright to be bluebells, also leaves wrongly-shaped – I wonder what they were?

The sky that for the last two days has been clear blue, is today showing drifts of small soft, fluffy clouds.

In a field, just before we join the M4, I saw a herd of brown and white ponies, and standing by one of them was the smallest foal I have ever seen.

On the left-hand side, as we joined the M4, we were greeted by a glittering lake, and behind it a huge steel warehouse, the sunlight reflecting brightly off its roof. While on the right-hand side a grove of very tall trees, with immense globes of mistletoe suspended from their upper branches.

In a field further along, was a string of sheep, strung out rather than in the usual flock. I enjoyed looking at them until a wooden fence blocked my view.

On the right, a field of travellers had set up home.

A steep embankment was totally covered with oil seed rape, the first time I have seen it in that quantity near the motorway.

The hedges are growing wildly, the bottom halves almost totally bare, but the top half big and bushy. Why do we not bring back hedgers and ditchers? A worthy and honourable trade – they layered the hedges, causing them to grow thickly right from the base to the top, and out ditches were kept clean, clear of weeds and properly dug out, causing a freeway for flood water, which would provide the answer to some of the water build up at very wet times. Drains and ditches kept clear would doubtless help the situation.

Passing a bluebell wood, I could just make out the faintest haze of blue – we need to return in a week or two to fully appreciate it.

Ironically, we are now passing an area where hundreds of new trees have been planted. It is an especially beautiful place as along the whole stretch wild primroses have carpeted the ground.

On the left, a field of beautiful white horses, while on the right two fields of our favourite sturdy white ponies.

Sunday, 25 April 2010

River Walk with Kingcups

Down to the river where clouds of midges hang heavy round our heads and lay in sheets just above the water – more midges than I have ever seen before.

Daisies, dandelions, blue and white violets, narcissi and celandines prettied the riverside and in a field grew large clumps of delicate ladies smock, all the same beautiful pale pink except for one plant of pure white flowers.

Across the river cascading down the bank and growing up into the bushes alongside the path is a periwinkle, deep blue with surprisingly large flowers, further on we found another periwinkle, low-growing and creeping over the ground, still blue, but much paler and with smaller flowers, just as pretty as its larger cousin though.

At the river's edge, we spied a clump of marsh marigolds. I have never seen them here before and hope nobody digs them up for their garden, because they look beautiful growing by the river's edge, and it would be excellent to watch this patch of eye-catching, bright and deep golden flowers grow larger year on year.

Marsh marigolds, or kingcups as I know them, grow in damp places. They are thought to be one of the longest established British plants as they would have thrived in the meltwaters at the end of the ice-ages.

They are a member of the buttercup family and have many other names:

mayflower, may blobs, molly blobs, polly blobs, horse blobs, water blobs, water bubbles, Gollins and the publican, but I still think kingcups is the best name. They hold a special place in my heart because when I was a small child my father came home from work one evening, came through the back door his top half hardly visible for he was carrying the largest bunch of kingcups imaginable. They filled our hearth for what seemed like ages and I could not take my eyes off them. I saw a beautiful picture of them by Keith Edkins online.

The highlight of our walk was seeing a heron balancing on round scaffolding-like side of a bridge, watching the river for fish. We were within ten feet and he must have been aware of us, but took no notice and we stood in awe and wonder, admiring him.

Monday, 26 April 2010

Spring Highways and Byways

We are on our way to Reading again, it is a beautiful bright sunny day, 13 degrees. The roadside verges are speckled with dandelions and daisies, and right on the road edge I saw a clump of coltsfoot with more than ten golden yellow flowers lifting their faces to the sun and bringing an instant smile to my face. Near Hertford we passed the largest area of celandines I think I have ever seen, glowing brightly in the spring sunlight. Many trees are now wearing their fresh green spring coats, along the roadsides there are lots of beautiful white blossom trees --- sloe, I think, dazzling forsythias crowd spectacularly over garden fences and here and there an early cherry blossom stands out pinkly and proudly amongst the other trees, in places the yellow flowers of gorse, shine out brightly from great big bushes of darkly green black prickly foliage. The pussy willows are big fat golden balls of pollen and the catkins dangle enticingly, waiting for the wind to catch them and blow their pollen on to the tiny red female flowers, tucked tightly against the hazel stems.

Sycamores are bursting their big fat red buds and out of them are unfolding the most magical green and shiny leaves.

I feel blessed by the warmth of the sun today, as its welcome rays reach through the car window; we haven't seen enough sun for the last few months. Someone gave me some frog and toad spawn I bore it gently and happily home splitting it between the two ponds and three very large containers, a little in each. Within days I noticed a blackbird balanced on one of the silver birch branches placed across and just under the water of the pond, these branches were placed there firstly because I read they help to keep the water fresh and secondly more were added to enable the birds to drink and bathe more easily, but this blackbird was using them to eat the frogs spawn nearby, fortunately when I checked the day before I found most of the tadpoles had already left their jelly ball homes.

There are long stretches and clumps of narcissus along the road verges, they are a joy to see. I love it when people put them on the outer edges of their boundaries and even opposite their homes; they are such a bright and welcome sight. I first did this more than 45 years ago when we moved to this area, and have kept it up whenever we have moved. I have had so much pleasure from the blooms and hope passersby have also enjoyed their yellow springtime splendour.

The willow trees are breathtakingly beautiful at the moment with their long streamers of fresh green and just showing through them is the dark shape and form of their branches and trunks. While the tall trees are still bare look out for large round clumps of hanging mistletoe dangling from the upper branches, this used to be quite a rare sight but has now become quite common and can easily be spotted at the moment. Primroses are abundant now, but keep an eye open for early cowslips just appearing, an old name for these pretty flowers is peggles.

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THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk



Late 19th-century Ordnance Survey maps record the location of numerous ponds in farmland across lowland England, but since then farming practices have changed and many have disappeared.

Well-maintained ponds are hot spots for biodiversity, supporting special plants and animals. Responding to concerns about the loss of such habitats, researchers at the Pond Restoration Research Group at University College London joined forces with others to investigate the potential for restoring such lost ponds and produced advice about the best ways to create new ones.

Following on from this, Essex Wildlife Trust identified 17,200 Essex farmland ponds on these old maps but noted that 10,400 had since disappeared. A few have been restored, and the team is working with the Farming & Wildlife Advisory Group to secure funding to help more farmers reinstate their lost ponds - <https://www.fwageast.org.uk/ponds>

However, pond restoration can be challenging - as evidenced by the difficulties faced during the project to resolve problems with Doctor's Pond in Great Dunmow. In recent years it has been polluted by toxic blue green algal growth. Ambitious and costly plans were drawn up to desilt the pond which necessitated the safe removal of fish so they could be returned in due course. Work commenced last October with the installation of safety fencing and the draining of water so that a digger could be used to help remove over 1,900 tons of contaminated silt. Heavy rains made the silt very slippery, and the digger became stranded in January. By the end of February all the silt had been removed.

Future plans include landscaping of the surrounding area and replanting with suitable vegetation once the pond is refilled. It is anticipated that in the coming months this attractive pond will once again provide a great habitat for ducks, fish and dragonflies.

Tricia Moxey, Trustee.

EXTRACT FROM EASTHERTS.GOV.UK/BINCHANGES

Bin collection changes coming 4 August

In August, a new bin collection service will start. This service will enable you to recycle more. As part of this new service, you will be provided with some additional bins, some of your existing bins will change use and we will also be introducing a weekly food waste collection.

Your household will be provided with:

- a 23l brown outside food waste caddy and 5l kitchen food waste caddy, ready for the new food waste collection service
- a new 180l purple-lidded bin for non-recyclable waste

Changes to your current bins include:

- your black-lidded general waste bin will become your mixed recycling bin
- your blue-lidded bin will be used for cardboard and paper
- you will be able to include loose plastic bags and wrapping into your black-lidded mixed recycling bin
- your non-recyclable waste, mixed recycling and cardboard and paper bins will move to a three-week collection cycle

Your bin collection days may change, and we will confirm if this is the case nearer the time. Stickers will also be provided to label your bins to make this transition easier.

The new bins will be delivered from May, ready for use from 4 August.

People in flats and households with communal waste will receive a 140-litre outside food waste caddy, and individual kitchen caddies, which should not be used until 4 August

The new bin collection service



The details of the revised bin collection service starting 4 August are set out below:

Most flats and households with communal waste bins will remain on their current collection schedule (we will update residents where/if their schedules will change).

Type of bin	Frequency	What goes in
Mixed recycling (240 litre black-lidded bin)	Every three weeks	<ul style="list-style-type: none"> • Glass bottles and jars • Plastic bottles, pots, tubs and tray • Cartons • Tins • Cans • Aerosols • Soft plastics (plastic bags and wrappings)
Cardboard and paper (240 litre blue-lidded bin)	Every three weeks	<ul style="list-style-type: none"> • Cardboard • Paper <p>We will not be collecting the old paper boxes: you can reuse them for storage, or recycle them at your local Recycling Centre</p>
Non-recyclable waste (180 litre purple-lidded bin)	Every three weeks	Any waste that cannot be recycled. This will no longer include plastic bags and wrappings, which can be recycled.
Food waste (23 litre brown caddy)	Weekly	Food waste
Garden waste (subscription service 240 litre brown-lidded bin)	Fortnightly	<p>Garden waste.</p> <p>Collections remains fortnightly, except for the first two weeks after Christmas.</p>

Why are we changing the service?

The service changes will:

- make it easier for residents to recycle
- help us achieve government targets for us to recycle 60% of our household waste
- help us meet new government requirements to collect and recycle food waste and cardboard & paper separately
- deliver a more efficient and sustainable service

Households with additional needs

For anyone currently being supported with extra capacity, we will be writing to you separately. If you believe you may qualify for extra capacity and do not currently receive it, visit our '[Request a bigger bin](#)' page.

The following households are eligible to apply for extra bin capacity:

- larger household with 6+ permanent residents
- homes with two or more children under 36 months
- adults using incontinence items/with medical needs

How the bin collection changes will be communicated

We will send more information directly to residents, including collection details, later this year.

You will receive a leaflet with your Council Tax bill, notifying you that the changes are coming, and to expect the new bin deliveries from May.

In addition:

- as we near August, a leaflet will be circulated with more information relevant to your household
- we will share information and updates on our East Herts Council Facebook page and other social media channels

Other awareness raising activities will be undertaken as we progress towards the new service delivery start date.

EXTRACTS FROM THE SAWBRIDGEWORTH SURGERY PATIENTS GROUP NEWSLETTER

A Date for your Diaries: This year's **Patients' Group Annual Meeting** will be held on Thursday 8th May at 19:00 in the Memorial Hall. Further information about speakers will follow in May's Newsletter

Easter Opening Hours:

Surgery & Pharmacy Opening Times – Easter 2025: We expect opening times to be as follows:

<u>Date</u>	<u>Surgery</u>	<u>Bell Pharmacy</u>	<u>Village Pharmacy</u>
Thursday 28th April	Normal Surgery Hours from 08:30	Normal Opening 09:00 – 18:00	Normal Opening 09:00 – 18:00
Good Friday 18th March	Closed	Closed	Closed
Saturday 19th April	Closed	Normal Opening 09:00 – 13:00	Normal Opening 09:00 – 17:00
Sunday 20th April	Closed	Closed	Closed
Monday 21st April	Closed	Closed	Closed
Tuesday 22nd April	Normal Surgery Hours from 08:30	Normal Opening 09:00 – 18:00	Normal Opening 09:00 – 18:00

The NHS App is no longer available on older devices:

Following all the information on the PG Newsletter last month (March) about using the NHS App, we have now been informed of the following:

The NHS App is no longer accessible as a mobile app for anybody using older devices. However, if you are unable to use the NHS App on a mobile device, you can [log in through the NHS website](#). You can then access services on your desktop, laptop computer, mobile or tablet using a web browser. See step by step [video guidance showing how to use the NHS account on the NHS website](#).

Patients using the following operating systems will no longer be able to access the NHS App via the mobile app:

- iOS 12, 13 & 14 (iOS 13 & 14 can be updated to iOS15)
- Android 6
- Android 7

The NHS App is now only supported on:

- Android version 8 and above (on devices with a front-facing camera)
- Apple iOS version 15 and above

Guidance on checking and updating devices is available on the [NHS.UK website](#).

This change is following a recent redesign of the NHS App, which now operates as a native app, improving its functionality and structure. As part of this transition, users are being moved off the old legacy application onto the new version.

2025 Spring Covid Boosters: will be available from 1st April, through the **National Booking System**.

The Vaccinations National Booking Service is made up of:

- an online booking service available to the public on the NHS website to book a covid vaccination appointment
- a telephone service, 119, for people who cannot or do not want to use the online booking service. NHS England runs this. The phonenumber operators use the Book a Covid Vaccination service on behalf of callers.

Eligible patients are those over 75 and those who are classed as severely immunocompromised. This booster program is NOT for carers, healthcare workers, or high-risk patients such as diabetics, asthmatics etc. Please book through the National Booking System once you hear from them

Once you receive your invitation for a Spring Booster Covid Vaccination either by text or by letter, then please use one of the options above to book your vaccination appointment.

Central Surgery will be hosting one covid vaccination session and this will be listed on your choice of options when you book.

News from the Pharmacies:

Village Pharmacy:

- The Covid Spring Booster programme will commence at Village Pharmacy on 1st April 2025.

Village Pharmacy Opening Hours updates:

- Following the recent Budget and the extra costs that have fallen on us, we have made an application to NHS England to reduce our opening hours from 1st April. Our new opening hours from 1st April will be:
Mon - Fri 9am to 6pm
Sat - 9am to 5pm.
We have trialled opening until 6.30 for the last 2 months. We have not seen a huge demand for services between 6 and 6.30pm.
- Village Pharmacy also offers some private services which are unavailable on the NHS. You can find out more about these in-store

Bell Pharmacy:

- Bell Pharmacy has now been commissioned as an NHS covid vaccination centre so they will be offering the Spring Covid Booster from April 1st. Please book through the National Booking System once you hear from them.
- Bell Pharmacy also offers some private services which are unavailable on the NHS. You can find out more about these in-store



Every Thursday morning
From 9.30am to 11.30am
at High Wych Memorial Hall
(term time only)

Healthy snacks will be provided

£2 per session, per family
For childminders: £2 per child



Scan the code above to pay securely online

Published: 4/2023

Need to CONTACT THE POLICE? **Prevention First**

Which one IS BEST FOR YOU?

1. RIGHT SERVICE?
Is it a police issue or is another service better suited?

2. CHECK ONLINE?
Is the information already on our website? Check online: www.herts.police.uk

3. REPORT ONLINE?
Has a crime already happened and you want to report it? Report online: www.herts.police.uk

4. LIVE CHAT / CALL 101
Do you want to share some information with us or speak to someone specific? Use live chat, otherwise call 101.

5. CALL 999
Is it an emergency? Is a crime happening right now, or is a life or property at risk? Call 999.

HELP US TO HELP YOU
SCAN THIS CODE TO GET ONLINE QUICKLY



WHEN USING OUR PUBLIC RIGHTS OF WAY PLEASE BE AWARE

Please make sure your dogs are under control and if not on leads in your sight.

Always clean up your dog's poo because it can cause illness in people, livestock and wildlife

Never leave bags of dog poo around, even if you intend to pick them up later.

Deodorised bags and containers can make bags of dog poo easier to carry. If you cannot find a public waste bin, you should take it home and use your own bin.



Run by the churches of High Wych & Gilston with Eastwick
On the first Wednesday of every month
2:00 pm - 4:00 pm

Wednesday Welcome
Every 1st Wednesday of the month



Over 55's Welcome for tea, coffee, and cake. With a variety of optional activities

2-32 Mabeys walk, High Wych
CM21 0HN

For more information contact:
revajacksonhwge@outlook.com
07833667707
or: 01279 790145



Are you struggling with your energy bills?

If you live in Sawbridgeworth, High Wych, Gilston, Eastwick or Spellbrook and your financial situation meets the criteria, you may be eligible for assistance from **The Sawbridgeworth Charitable Trust**.

For more information, please contact our clerk:
Di Kitson on 01279 723212 or email: diana.kitson@btinternet.com



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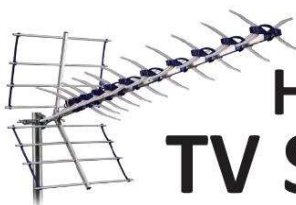
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We are often called upon to help with school uniforms or perhaps a small bonus at Christmas.

We are not allowed to pay rents or council Tax.

The charity covers those living in Sawbridgeworth, High wych, Gilston, Eastwick and Allens Green.

You will be required to fill in an application form and total confidentiality is adhered to at all times.

In the first instance please apply to the Clerk.
Mrs Di Kitson
11 The Forbury, Sawbridgeworth CM21 9BD
Or telephone 01279 7232123

Community Dog Walk

Terling's Park Development

Sunday 13th April - 2:30pm
Meet by the notice board.

All welcome, refreshments after

for more information contact:
revajacksonhwge@outlook.com
07833667707 or 01279 790145



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NEXT SESSION

Good Friday
18th April
St James' Church
(10am-12pm)

This is a free, all-age, family friendly event focused on having fun and creating time for us to come together and hear the stories of Jesus, plus other bible stories, and growing as a community.

We will do crafting, singing, listen to a story then eat some yummy food together, what could be better.



For further information please contact: revajacksonhwge@outlook.com
Or leave a message on 0783 366 7707 or 01279 790145

The Messy Church* name and logo are registered trade marks of Bible Reading Fellowship, a charity (233280) and company limited by guarantee (301324), registered in England and Wales. brf.org.uk



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VILLAGE DEFIBRILLATORS

We have four defibrillators within our two villages and they can be found at:

Gilston & Eastwick Village Hall, Pye Corner – CM20 2RB

Can be found on the outside at the front of the building by the notice board.



The Lion Public House, Eastwick – CM20 2QP

Can be found in the covered area to the right of the pub courtyard.

St Mary's Church, Gilston Lane, Gilston – CM20 2RJ

Can be found in the porch as you enter the church on the right-hand side.

Terlings Park, Kirkpatrick Place – CM20 2FX

Can be found outside of the entrance gates beside the intercom.

The defibrillator is designed to be very easy to use and talks you through what you need to do step by step.

If you are in the unfortunate position of needing to use it you simply

Phone 999

You will be given the code to open the cabinet and then supported by the Emergency Services.

CLOTHES BANK VILLAGE HALL, PYE CORNER, GILSTON

TO ALL RESIDENTS



THE CLOTHES BANK CAN BE FOUND AT THE BACK OF THE VILLAGE HALL IN ITS CAR PARK.

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THE EASTWICK AND GILSTON PARISH MAGAZINE MONTHLY DEADLINE FOR ARTICLES IS THE 16TH OF EACH MONTH – TO BE SENT TO IN A WORD DOCUMENT:

christine.law2@btinternet.com

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High Wych, Gilston & Eastwick churches
present

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