

EASTWICK AND GILSTON PARISH MAGAZINE

MIDSUMMER
PAINTINGS & PROSECCO
at
ST MARY'S GILSTON



Display and Exhibition
of
Artworks and Art materials

Saturday 21 June, 3pm – 9pm

Entrance Ticket £5 includes glass of wine



Any enquiries, call Rosemary on
01279 419763

Or, just turn up and have a
wonderful time

JUNE 2025

GILSTON AND EASTWICK VILLAGE HALL MANAGEMENT COMMITTEE



See below a calendar of all clubs and classes that take place at our hall.
For more information about booking the hall go to www.eastwickgilston.org.uk

MONDAY			
	Parish Council	Parish Clerk – Christine Law 01279 411646 Meet on the 2 nd Monday of January, March, May, July, September & November	8.00pm – 10.00pm
TUESDAY			
WEDNESDAY		Hall Cleaning	1.00pm – 3.00pm
THURSDAY	Baby Massage	Elena Luck	9.30am – 2.30pm
	Irish Dancing	Amanda Hennigan – 07713974077 For More Information	6.30pm – 8.30pm
FRIDAY	Chair Pilates	Sarah-Jane – sarahjane_786@hotmail.com	10.30am -11.30am
SATURDAY			
SUNDAY			

Chair: Janine Bryant

Vice Chair: Trevor Brown

Treasurer: Linda Harvey

Bookings Officer: Erin Reilly 07710271611

Holding Trustee: Keith Harvey & Mary Jackson

Booking enquiries: gevillagehall@gmail.com For any bookings and queries about the Village Hall please contact: gevillagehall@gmail.com. Or go to www.eastwickgilston.org.uk, then village hall to use the calendar to view when the hall is available to book and use the booking form facility to book your event and to read the terms and conditions required.

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USEFUL CONTACT DETAILS

EASTWICK & GILSTON PARISH COMMUNITY WEB SITE: eastwickandgilston.org.uk

www.gilston.info
gilston@meeting-place.uk

HUNSDON EASTWICK & GILSTON NEIGHBOURHOOD PLAN GROUP WEBSITE: hegnp.org.uk - For all regular updates and information from the group you can subscribe to the mailing list at this link: <https://ti-nvletter.com/gilston>.

EAST HERTS DISTRICT COUNCIL: <https://www.eastherts.gov.uk>. Telephone 01279 655261

HERTFORDSHIRE COUNTY COUNCIL: <https://www.hertfordshire.gov.uk>. Telephone 030012234040

FLY TIPPING

Report all Fly Tipping to East Herts Council on 01279 655261 or enquiries@eastherts.gov.uk, eastherts.gov.uk/flytipping. In an emergency situation contact the Police on 999.

HIGH WYCH POST OFFICE

Located at the rear of High Wych Memorial Hall. Open **Mondays** 9.30am – 12.30pm .
Wednesdays 1.00pm – 3.15pm. **Thursdays** 9.30am – 12.30pm.

KNOW YOUR PARISH COUNCILLORS

EASTWICK AND GILSTON PARISH COUNCIL



CHAIRMAN
MARK ORSON
Neighbourhood Planning Group
Footpaths Officer



VICE CHAIR
JANINE BRYANT
Neighbourhood Planning Group



LINDA HARVEY
Highways
Village Hall Committee



WERNER MARX



JAMES BEAZLEY



PARISH CLERK
CHRISTINE LAW
01279 411646
clerk@eastwickandgilstonparish.gov.uk



JOHN DUNLOP
EAST HERTS DISTRICT
COUNCILLOR



ERIC BUCKMASTER
HERTFORDSHIRE
COUNTY COUNCILLOR

CONTACT DETAILS - Email Addresses:

MARK ORSON	-	cllr.m.orson@eastwickandgilstonparish.gov.uk
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LINDA HARVEY	-	cllr.l.harvey@eastwickandgilstonparish.gov.uk
WERNER MARX	-	cllr.w.marx@eastwickandgilstonparish.gov.uk
JAMES BEAZLEY	-	cllr.j.beazley@eastwickandgilstonparish.gov.uk
ERIC BUCKMASTR	-	eric.buckmaster@hertfordshire.gov.uk
JOHN DUNLOP	-	john.dunlop@eastherts.gov.uk

EASTWICK AND GILSTON PARISH COUNCIL

PARISH COUNCIL BUSINESS MEETING

NEXT MEETING WILL BE ON
MONDAY 14TH JULY 2025– 8.00PM

VILLAGE HALL, PYE CORNER

All residents are most welcome to attend our council meetings.

CHRISTINE LAW - PARISH CLERK
01279 411646 clerk@eastwickandgilstonparish.gov.uk

WE HAVE TWO VACANCIES TO BE FILLED FOR PARISH COUNCILLORS IF YOU MIGHT BE INTERESTED PLEASE CONTACT THE PARISH CLERK OR ONE OF OUR PARISH COUNCILLORS

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2023 Aerial Photographs

In 2023 Aerial Photographs were taken of our lovely parish. These photographs can be viewed in the Photo Gallery on the website.



You can access the Photo Gallery by going to <http://www.eastwickandgilston.org.uk/gallery.php?id=24> or by scanning the QR code below.

In the Photo Gallery you will see that there are different galleries for different areas of the parish.

We are working on a way to enable people to easily download the photographs for personal use and will hopefully have more information to share on this soon.

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FAULTY ROAD SURFACE?



To help us keep Hertfordshire's roads up to scratch we need YOU to let us know when things are not right! So whether it's a pothole, pavement problem, faulty streetlight, icy road or any other highway fault, go to: www.hertfordshire.gov.uk/highwayfault or call: 01432 261800 or General Enquiries 0300 123 4040 – Hertfordshire Highways Fault line.

Benefice of High Wych and Gilston with Eastwick
Church website: stjameshighwych.org.uk
Facebook: Gilston & Eastwick church's
For all recorded church services go to the Facebook page above.

JUNE SERVICES 2025

1 st June	7 th Sunday of Easter	8.00am	BCP Holy Communion	St James, High Wych
		9.30am	Breakfast followed at 10.00am Family Service	St James, High Wych
8 th June	Pentecost	9.30am	Holy Communion	St James, High Wych
		11.15am	Holy Communion	St Mary's, Gilston
15 th June	Trinity Sunday	9.30am	Holy Communion	St James, High Wych
		4.00 – 6.00pm	Messy Church	St James, High Wych
21 st June	Saturday	2.00pm	Wedding of Hannah Tinsley & Kieran Burt	St Botolph's, Eastwick
	Saturday	3.00-9.00pm	Paintings & Prosecco	St Mary's, Gilston
22 nd June	1 st Sunday after Trinity	9.30am	Holy Communion	St James, High Wych
		11.15am	Holy Communion	St Botolph's, Eastwick
		2.30pm	Baptism of Freya Bimla Kaur Barwick	St James, High Wych
27 th June	Friday	2.30pm	Rivers Service	Rivers Hospital
29 th June	2 nd Sunday of Trinity	9.30am	Holy Communion	St James, High Wych

Benefice churches will be open for private prayer. St James, open every day 9.00am to 4.00pm. An information notice is displayed outside the church. St Mary's open every day 8.00am to 4.00pm and for advice on opening of St. Botolph's for private prayer, please contact Rev. Alison Jackson.

PRIEST IN CHARGE: Rev'd Alison Jackson

revajacksonhwge@outlook.com

1 Dovedale, High Wych, Sawbridgeworth CM21 0DT

01279 790145

07833 667707

READER: Judith Denton, Path Cottage, High Wych Lane, CM21 0JP

01279 723714

SAFEGUARDING OFFICER: Cath Sharples

01279 600996

Diocesan Safeguarding Advisor (DSA)

01727 818107

HIGH WYCH PARISH

LAY LEADER OF WORSHIP: Jan Bellingham

01279 724247

CHURCH WARDENS:

Janet Bellingham

01279 724247

Sam Clark

07717542524

GILSTON WITH EASTWICK PARISH

CHURCH WARDENS:

Michael Shaw

01279 726792

We have a vacancy for a Church Warden

LAY LEADER OF WORSHIP / MISSION ENABLBER:

Rosemary Davis

01279 419763

PCC SECRETARY:

Mrs Christine Law

01279 411646

PCC TREASURER:

Werner Marx

marxwerner2@gmail.com

JUNE Letter



So what do you do Vicar?

I was asked recently about why I was so busy and what did I do?

Surely, all I do is preach on a Sunday? (in your heart of hearts that maybe what you are thinking).....

Well, this is not an exhaustive list but here are some of the things that I am involved with, and I did already talk a bit about baptism last month.

There is the obvious preaching, preparing and leading services. Proclaiming hope and God's love is a weighty and enthralling call, and can take time to grapple with scripture and the message that God is asking me to give, whether we are talking to adults or children with the message. Some of each day is taken up with reading the bible and praying, praying for all the people that God is putting on my heart across the three villages.

But it isn't my preaching that informs my pastoring. Pastoring or ministry is what I do, and preaching is a small part of pastoring.

Pastoring is the thrill of baptizing the baby I prayed for while in the womb, also watching that baby grow up, seeing them at Jimmy's baby and toddler group and being part of their week.

Pastoring is the ache of visiting a beloved member in the hospital when they were 'just fine' the day before – and I am gutted by their sudden suffering, they have become my friends.

Pastoring is also getting to spend every week (term time) in High Wych school, getting to know your children, taking collective Worship and it is one of the highlights of my week.

Pastoring is the hearing of confessions of seekers and saints and sinners alike. It's hearing the 'I've never told anyone this before ...' roll off the lips of one who is longing for restoration.

Pastoring is holding space for the disgruntled when they feel like change is coming too quickly for them. It's listening. Shepherding. Guiding.

Pastoring is leading teams of eager people who want to be led and inspired for new ministry. Holding the space and listening to all the new people met through toddlers, Wednesday Welcome, Messy Church, all the fun activities we do and the many dog walks. It is the privilege that we actually get to walk with people in their valleys and mountaintops alike.

Pastoring is also excel spreadsheets, strategic plans, budgets, magazine articles, social media posts, forward planning throughout the year to lead worship and prayer and outreach into our communities, not to mention all those community meetings with regard to new housing and village life. Also all the admin etc around the many funerals, weddings, baptisms, that have taken place in our Benefice over the past few years..

Pastoring is pre-marital counselling and officiating weddings, growing our family in Christ as families contemplate baptism, and being around when marriages and relationships fail. Encouraging people to take steps to find out more about God, Jesus and the Holy Spirit through courses such as Alpha, and also leading people into a deeper understanding of God's love for them.

Working out what God is calling us to pray about, what injustices may need to be rectified, and how we can work better to restore our environment and ease climate change.

What do I do when I am not preaching?

Well, as you can see, just a few things. But I can tell you it's all a thrill to wake up and do what I do every day. I would not do anything else. Carrying the light of Christ with me in whatever circumstance I find myself in is a true privilege, I do my best and would always appreciate your prayers.

Fun things coming up in May/June

31st May Community Dog Walk starting from St Mary's, Gilston at 2.30 pm.

31st May Community Cream Tea from St Mary's, Gilston at 4.00 pm.

8th June Community dog Walk from St James at 2.30 pm followed by refreshments.

21st June Paintings and Prosecco at St Mary's, Gilston from 3.00 pm – 9.00 pm.

(see flyers throughout the magazine for further details).

My hope is that you will want to explore what a journey of faith could mean for you and your family and would like to talk to me further:-

'Stand at the crossroads and look;

Ask for the ancient paths,

Ask where the good way is,

And walk in it,

And you will find rest for your souls'. Jeremiah 6:16

Every blessing

Your Priest Alison



Nature Notes by the late Cynthia Howe, long-time nature lover and resident of Gilston

Friday, 25 June 2010
June Happenings

Again today, I watched a grass-snake, this one medium-sized. The noisy magpies have been in and out of the garden all day, with their youngsters.

Tonight we again watched with pleasure the young fox, once more he ate his fill and when he was done what he couldn't eat he carried away – making untold journeys. Cut the hazel trees back today. We lost a fine crop of nuts, but the trees had grown far too large.

Saturday, 26 June 2010

Bullying Magpies

Another glorious summer day. Worrying this morning to watch the magpies harrying a young, green woodpecker. I feared they might set on him as they did the blackbird a few weeks back, but the matter was settled as soon as we went outside because the magpies flew away.

Tuesday, 17 May 2011

May Thoughts

May is here at last, with bluer skies and warmer days, though some are still made cold by a fresh wind that tugs washing on the line and whips colour into cheeks. It has been a dry month, with hardly any rain, the lawns are more brown than green. But everywhere else we look is so freshly green and lush; gardens are filled with flowers, weigela, lilac, clematis, honeysuckle, and aquilegias, while aubretias still course like a waterfall down garden walls.

On so many trees are tiny new catkins already stretching out, lengthening and ripening, ready for the wind to help them shed their pollen. Traveling country roads at this time of year, we pass acre upon acre of green fields, hedges and trees, their branches hanging heavy with their fresh green leaves. Willow trees look so pretty at the moment with their long weeping branches brushing the ground, or by rivers dabbling their tips in the water. Here and there amongst all the greenery an odd field of brightest yellow rape shines out like a spotlight on a darkened night.

The garden is alive with the sight and sound of bees, hoverflies, butterflies and day flying moths. Caterpillars can be found now and slugs are abundant. Fledgling robins, flutter wings showing hungry golden gapes to the world while they beg for food from their parents.

Thrushes, blackbirds, blue tits, great tits, dunnocks and chaffinches are greedy feeders and collectors of food to take back to their nestlings. No matter how much I put out for the small birds I still find the ones who take the most are the pigeons, magpies, crows and new to the garden, jackdaws. We also have been honoured by the presence of starlings.

The little female fox has not yet brought her cubs to the garden, but she still comes nightly and carries away tightly crammed mouthful after mouthful of food, occasionally stopping to feed herself, before dashing off with another mouthful for her cubs. Two other foxes visit, both male, and never at the same time; one is slightly larger and darker than the other, he moves easily and slowly, and he always lays down to eat. The other younger, paler one is restless, looking constantly about him, starting and jumping at sounds, then rushing away and hiding in the shadows of bushes, before slowly sloping back to timidly feed again.

Wednesday, 2 May 2012

Flood Reflections

The fields at the end of the garden are still flooded, the sky for the past two days has been a dark leaden grey, and we are still being treated to wet weather.

Two days ago the weather was bright and beautiful and the sky was a cloudless sheet of blue, when the fields near us flood I keep a close eye on them to note the creatures which visit them. This day however, more than the creatures in the water, it was the reflections on the water, that enchanted me.

Mid-morning when I looked out, the reflection of the sky in the flooded field to the right gave the appearance of a field of bluebells, it was the same beautiful blue haze which one sees on looking at a stretch of bluebells in a woodland setting. During the afternoon I looked out and the water in the field to the left was moving, capturing the bright sunlight in all the ripples, each one shone, glistened and sparkled, as it reflected the sun's rays. A breathtaking sight. The last time I looked out the sun was setting, the sky was beautiful and there reflected in the water was the most wonderful orange sunset.

What an amazing day, all of those reflections and so much pleasure they gave me. Brilliant!

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THE HUNDRED PARISHES SOCIETY

www.hundredparishes.org.uk



We know that being outside is good for our wellbeing, both mental and physical. Besides the open countryside, we are fortunate in The Hundred Parishes to have parks and gardens where we can walk, sit and enjoy nature. I will mention just a few.

Bridge End Gardens in Saffron Walden was created by a local businessman and Quaker, Francis Gibson, in the 1840s. It is now managed by Saffron Waldon Town Council. Delights to explore include the hedge maze, rose garden and Dutch garden.

The Gardens of Easton Lodge in Little Easton have limited opening hours which can be found on our website www.hundredparishes.org.uk. They were designed by Harold Peto in 1902 for the Countess of Warwick who lived at Easton Lodge.

In Sawbridgeworth, Pishiobury Park was redesigned by Capability Brown in the 18th century as an enclosed park. It is a registered historic park and includes wet woodland, grazed fields, an oak walk, meadows and part of the River Stort.

Birchanger Wood comprises 69 acres of ancient coppiced woodland, managed and owned by the Birchanger Wood Trust. Three miles of all-weather, wheelchair-friendly paths make it easy to explore.

In Stansted Mountfitchet, the Aubrey Buxton Nature Reserve is a 25 acre woodland with six man-made ponds. It was originally part of the park and garden of Aubrey Buxton's house. He was a co-founder of the World Wildlife Trust and donated the land to Essex Wildlife Trust. Today you can enjoy circular walks passing the ponds through the wood.

June is the month when many private gardens open to the public, even groups of gardens in Duxford and Ickleton – details appear on the What's On section of our website.

We hope you enjoy the summer and explore some of our wonderful parks and gardens.
Ken McDonald, Secretary

If you are unable to see this Newsletter, or the attachments within it, clearly on your phone or tablet, you can also find it on the Surgery's website, halfway down the Home Page.

In your Patients' Group Newsletter this month:

- **Thank You to those who attended the PPG AGM**
- **Holiday Advice**
- **Repeat Prescriptions and/or Repeat Dispensing**
- **The Community Car Scheme**
- **Breast Screening**

Thank you: to those who attended the recent Patients' Group AGM on 22nd May.

Are you interested in joining our Patient Group? Can you spare an hour and a half a month?

We are looking for new members with an interest in supporting the surgery to join the small group of existing dedicated volunteers. The group is particularly looking for someone to take the minutes at the monthly meetings. If you are interested, please contact our Chair at the email address at the top of this page.

Holiday Advice:

Global Health Insurance Card (GHIC): Before you travel abroad, please make sure that you get healthcare cover abroad with a **UK GHIC** or **UK EHIC**

The UK Global Health Insurance Card (**GHIC**) lets you get necessary state healthcare in the European Economic Area (EEA), and some other countries, on the same basis as a resident of that country. This may be free or it may require a payment equivalent to that which a local resident would pay.

The **UK GHIC** has replaced the existing European Health Insurance Card (EHIC). If you have an existing EHIC you can continue to use it until the expiry date on the card. Once it expires, you'll need to apply for a **UK GHIC** to replace it.

You can apply for a new card up to 9 months before your current card expires.

A **UK GHIC** is free and lasts for up to 5 years. Apply for your new card through the NHS website. Avoid unofficial websites – they may charge you a fee to apply.

If you have rights under the Withdrawal Agreement, you can choose to apply for a new UK EHIC instead.

The **UK GHIC** is not a replacement for travel insurance. We advise you to have private travel and medical insurance for the duration of your trip.

We also recommend you check [FCDO travel advice](#) on GOV.UK for the country that you're visiting.

Summer Holiday Medication: Once again holiday season approaches, so please do make sure that you order enough of your medication, in plenty of time, to last for the whole time that you are away. Remember to allow **three whole working days** to process your prescription. To request a repeat prescription, you can use NHS App or your GP practice's online form. You can also use the repeat medication slip from your last prescription and place it in the prescription collection box at reception of Central Surgery.

Prescribed Medication Information: When you collect your medication from your nominated Pharmacy, you will also collect a copy of your prescription. It is a good idea to take at least one copy of your prescribed medication away on holiday with you, or take a photo of your prescription so that you have it on your phone, then you will have with you a list of all of the medication that you are taking regularly in case of a holiday emergency.

Repeat Prescriptions and/or Repeat Dispensing: our recent Patient Group Survey highlighted the fact that many people are unclear about the difference between Repeat Prescriptions and Repeat Dispensing.

Repeat Prescriptions means that your doctor has authorized for you to re-order your regular medication, particularly for long term conditions, without having to see the doctor every time. Medications prescribed for chronic conditions or ongoing treatment are placed on a repeat prescription. You can request repeat prescriptions, online, or through the NHS app.

Repeat Dispensing means that Electronic repeat dispensing (eRD) allows the prescriber to authorise and issue a batch of repeat prescriptions for up to 12 months with just one digital signature. This is then sent to your chosen Pharmacy for you to collect each month as you need them. Different clinical systems may use different wordings, for example 'electronic repeat dispensing' and 'batch prescribing'.

Medication reviews: Both types of medication will require an annual medication review to assess the medication's effectiveness and any potential side effects.

The Community Car Scheme: is a voluntary organisation that covers East Herts and Broxbourne. It helps people who are struggling to get to essential appointments because they do not have access to a car or are unable to use public transport.

The scheme is not intended to be used in place of buses, hospital transport or taxis, if you are able to use these facilities.

The scheme relies on the availability of volunteer drivers.

The scheme would also like to hear from anyone who owns a car, has time to spare and would like to become a volunteer driver. Volunteers receive 50 pence per mile for taking clients to essential health appointments. For further information, please call the Out of Hours Answerphone on **0300 123 1577** or visit <https://www.communitytransportherts.org/search/east-herts-community-car-scheme>

One Patient's Story: *"I am no longer able to drive because I have Parkinsons and I was faced with making a stressful trip on public transport to Addenbrookes Hospital. So I decided to try East Herts Community Car Scheme. It was extremely easy. My only regret was that I hadn't thought to use it before! The initial phone call to 0300 123 1677 took all the relevant details then they rang me back to confirm that a booking had been made. The day before my appointment, my driver called to check the pick-up and appointment times. He arrived on time at my front door, escorted me to the clinic that I needed and came back to collect me when my procedure was finished. My driver was kind and friendly and a good calm driver!*

The charge is 50p per mile and they are able to wait for up to 2 hours whilst the patient attends the appointment."

Taking your bra off at the end of the day feels great! And so does getting your breast screening sorted!

Breast cancer is the most common type of cancer in women in England, the chance of getting breast cancer increases as you get older. Regular breast screening is one of the best ways to spot a cancer that is too small to feel or see yourself – it saves around 1,300 lives each year in the UK. Anyone registered with a GP as female aged from 50 up to their 71st birthday will be invited for NHS breast screening every 3 years. You'll automatically get your first invitation for breast screening between the ages of 50 and 53. You'll get a letter in the post inviting you. Finding cancer early can make it more likely that treatment will be successful. Breast screening can detect cancer long before you can even feel it. Or more likely, put your mind at rest.

So when you're invited, save the date, it could save your life. If you are over 71 and would still like to be screened for breast cancer, you will need to contact your local breast screening unit.



THE PLUME OF FEATHERS
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12PM & 5:30PM**

£10

EASTWICK AND GILSTON PARISH COUNCIL
PERIOD FOR THE
EXERCISE OF PUBLIC RIGHTS
ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025
Local Audit And Accountability Act 2014
Accounts and Audit Regulations 2015 (SI 2015/234)

EASTWICK AND GILSTON PARISH COUNCIL'S annual return needs to be reviewed by an external auditor appointed by the Public Sector Audit Appointments Limited. Any person interested has the right to inspect the accounting records for the financial year to which the audit relates and all books, deeds, contracts, bills, vouchers and receipts and other documents relating to those records or documents.

These documents for **Eastwick and Gilston Parish Council** are to be made available on reasonable notice by application between the hours of 9am and 5pm Monday – Friday (excluding public holidays).

Commencing on Tuesday **3rd June 2025**
And ending on Monday **14th July 2025**

If you wish to view them then please contact the named Council representative:

Mrs Christine Law, Parish Clerk, 9 Church Cottages, Gilston, Nr Harlow
Herts CM20 2RH – Telephone: 01279 411646
e-mail: clerk@eastwickandgilstonparish.gov.uk

Local electors and their representatives have rights to question the auditor about the accounts and object to the accounts or any item in them. Written notice of an objection must first be given to the auditor and a copy sent to the smaller authority. The auditor can be contacted at the address below for this purpose.

The small authority's annual return is subject to review by the appointed auditor under the provisions of the Local Audit and Accountability Act 2014, the Accounts and Audit Regulations 2015 and the NAO's Code of Audit Practice 2015.

The audit of **Eastwick and Gilston Parish Council** is being carried out by:

PKF Littlejohn LLP (Ref: SBA Team)
15 Westferry Circus
Canary Wharf
London E14 4HD
(sba@pkf-l.com)

JIMMY'S
Baby & Toddler Group

Every Thursday morning
From 9.30am to 11.30am
at High Wych Memorial Hall
(term time only)

Healthy snacks will be provided

£2 per session, per family
For childminders: £2 per child



Scan the code above to pay securely online

Need to
CONTACT THE POLICE?

Which one
IS BEST FOR YOU?

Follow the
5 STEPS

1. RIGHT SERVICE?
Is it a police issue or is another service better suited?


2. CHECK ONLINE?
Is the information already on our website? Check online: www.herts.police.uk

3. REPORT ONLINE?
Has a crime already happened and you want to report it? Report online: www.herts.police.uk

4. LIVE CHAT / CALL 101
Do you want to share some information with us or speak to someone specific? Use live chat, otherwise call 101.

5. CALL 999
Is it an emergency? Is a crime happening right now, or is a life or property at risk? Call 999.

HELP US TO HELP YOU
SCAN THIS CODE TO GET ONLINE QUICKLY


WHEN USING OUR PUBLIC RIGHTS OF WAY PLEASE BE AWARE

Please make sure your dogs are under control and if not on leads in your sight.

Always clean up your dog's poo because it can cause illness in people, livestock and wildlife

Never leave bags of dog poo around, even if you intend to pick them up later.

Deodorised bags and containers can make bags of dog poo easier to carry. If you cannot find a public waste bin, you should take it home and use your own bin.



PLEASE clean up after your dog



Run by the churches of High Wych & Gilston with Eastwick
On the first Wednesday of every month
2:00 pm - 4:00 pm

Wednesday
Welcome
Celebrating our 1st Birthday in May



Over 55's Welcome for tea, coffee, and cake.
With a variety of optional activities

2-32 Mabeys walk, High Wych
CM21 0HN

For more information contact:
revajacksonhwge@outlook.com
07833667707
or: 01279 790145

Electric Bill Charges



Are you struggling with your energy bills?

If you live in Sawbridgeworth, High Wych, Gilston, Eastwick or Spellbrook and your financial situation meets the criteria, you may be eligible for assistance from **The Sawbridgeworth Charitable Trust**.

For more information, please contact our clerk:
Di Kitson on 01279 723212 or email: diana.kitson@btinternet.com



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www.christopherthelocksmith.co.uk

The Sawbridgeworth Trust

Registered Charity 237946

The Sawbridgeworth Trust exists for those who are often finding themselves in financial difficulties by way of perhaps not meeting all bills that come in on a regular basis.

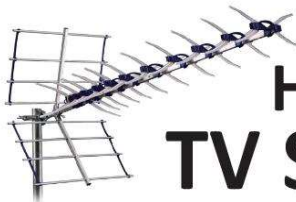
We are often called upon to help with school uniforms or perhaps a small bonus at Christmas.

We are not allowed to pay rents or council Tax.

The charity covers those living in Sawbridgeworth, High Wych, Gilston, Eastwick and Allens Green.

You will be required to fill in an application form and total confidentiality is adhered to at all times.

In the first instance please apply to the Clerk.
Mrs Di Kitson
11 The Forbury, Sawbridgeworth CM21 9BD
Or telephone 01279 7232123



HERTFORD TV SERVICE

Please call: 01992 552955

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www.hertfordtvservice.co.uk

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Community Dog Walk

(Dogs not necessary!)

FREE
EVENT



Sunday 8th June

Meet at St James at 2.30 pm

An opportunity to get together as a community, walk, talk and end up with drinks and cake at St James, High Wych. The walk should last about an hour and will be child friendly, dog friendly and possibly a little bit muddy!

Refreshments will be available at St James from 3.30 pm onwards.



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NEXT SESSION
15th June
St James' Church
(4:00pm-6:00pm)

This is a free, all-age, family friendly event focused on having fun and creating time for us to come together and hear the stories of Jesus, plus other bible stories, and growing as a community.

We will do crafting, singing, listen to a story then eat some yummy food together, what could be better.



For further information please contact: rev.julian@stjameschurch.co.uk
Or leave a message on 0782 626 7702 or 01279 793 46



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VILLAGE DEFIBRILLATORS

We have four defibrillators within our two villages and they can be found at:

Gilston & Eastwick Village Hall, Pye Corner – CM20 2RB

Can be found on the outside at the front of the building by the notice board.



The Lion Public House, Eastwick – CM20 2QP

Can be found in the covered area to the right of the pub courtyard.

St Mary's Church, Gilston Lane, Gilston – CM20 2RJ

Can be found in the porch as you enter the church on the right-hand side.

Terlings Park, Kirkpatrick Place – CM20 2FX

Can be found outside of the entrance gates beside the intercom.

The defibrillator is designed to be very easy to use and talks you through what you need to do step by step.

If you are in the unfortunate position of needing to use it you simply

Phone 999

You will be given the code to open the cabinet and then supported by the Emergency Services.

CLOTHES BANK VILLAGE HALL, PYE CORNER, GILSTON

TO ALL RESIDENTS



THE CLOTHES BANK CAN BE FOUND AT THE BACK OF THE VILLAGE HALL IN ITS CAR PARK.

WE NOW HAVE A CLOTHES BANK FOR YOU TO USE.

IT TAKES ONLY OLD CLOTHES, HANDBAGS, BELTS AND SHOES (PLEASE MAKE SURE ALL ITEMS ARE IN BAGS).

IT WILL NOT TAKE – SOILED RAGS, CARPET, RUGS, BLANKETS, TOWELS, SHEETS, GLASS, METAL, PAPER OR RUBBISH. THIS WILL BE EMPTIED ONCE A WEEK FOR US.

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THE EASTWICK AND GILSTON PARISH MAGAZINE MONTHLY DEADLINE FOR ARTICLES IS THE 16TH OF EACH MONTH – TO BE SENT TO IN A WORD DOCUMENT:

christine.law2@btinternet.com

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